

Simon Bradstreet's book

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PRAYERS

ON

Common Occasions:

Appertaining to a Book intit'led

The Common Christian

Rightly and Plainly Instructed in

The Grounds of Christianity :

OR

Dr. *WELLS's*

EXPOSITION

OF THE

Church-Catechism.

OXFORD,

Printed at the THEATER for *Jo. Stephens*, and are
to be sold by *James Knapton* at the Crown in
St. Paul's Church-Yard, London. 1708.

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PRAYERS
ON
Common Occasions.

Private PRAYERS
For Children and Other younger Persons under *Fourteen* Years of Age.

MORNING PRAYER.

[*As soon as the Child &c. is Drest, let Him or Her Kneeling down Reverently, say,*]

H Heavenly Father, pardon my Sins, and accept of my Thanks for All thy Mercies, thro' my whole life, particularly the *Night*, past.

Vouchsafe this day and for ever to Keep me from All sin and Danger.

Grant that as I Grow in Age, so I may Grow in Grace, and that I may so Faithfully Serve thee in this Life, as that I may for ever Live with thee in the life to come.

To this end Bless me this Day [*If the Child goes to school, or learns, let him say, in my Learning, that I may be able to Read thy Holy Word; and also*] in whatever Business I shall be put to, that it may tend to thy Glory and my own Good.

[The foregoing Paragraph is to be used on Week-days, instead whereof on the Lord's-day or Sunday, let the Child say this which follows.]

To this end Bless me this day in Attending thy Publick Worship and Performing All Religious Duties I am capable, that so Keeping Holy thy Sabbath here upon earth, I may hereafter keep the eternal Sabbath with thee in Heaven.

Bless the *Queen*, the *Royal Family*, and All Orders of Men amongst Us, especially the *Ministers of thy Word and Sacraments*, and among them more particularly Him, whom Thou hast appointed to be my *Minister or Spiritual Teacher*: Bless also my *Father, Mother, Brethren*, and *Sisters*, all my Relations and Friends. Lord thou Best knowest All their Conditions, may it please thee to Suit thy Blessings Temporal and Spiritual to their Several Wants and Necessities.

These things and whatever else is Needful for Me and All Mankind, I humbly beg in the Name and Merits of *Jesus Christ* my Saviour, who in Great compassion to my Infirmities hath Taught me, when I pray, to say,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: for thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

EVENING PRAYER.

[Before the Child &c. is Undrest, let Him or Her Kneeling down Reverently, say,]

Heavenly Father, pardon my Sins, and accept of my Thanks for All thy Mercies, thro' my whole Life, particularly the Day, past.

Vouchsafe this Night and for ever to Keep me from All Sin and Danger.

Grant that as I Grow in Age, so I may Grow in Grace; and that I may so Faithfully Serve thee in this Life, as that I may for ever Live with thee in the Life to come.

Bless the *Queen*, the *Royal Family*, and All Orders of Men amongst Us, especially the *Ministers of thy Word and Sacraments*, and among them more particularly Him, whom Thou hast appointed to be my *Minister or Spiritual Teacher*: Bless also my *Father, Mother, Brethren*, and *Sisters*, all my Relations and Friends. Lord thou Best knowest All their Conditions, may it please thee to Suit thy Blessings Temporal and Spiritual to their several Wants and Necessities.

These things and whatever else is Needful for Me and All Mankind, I humbly beg in the Name and Merits of *Jesus Christ* my Saviour, who in Great compassion to my Infirmities hath Taught me, when I pray to say,

OUR Father, which art in Heaven; Hallowed be Thy Name. Thy Kingdom come. Thy Will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: for thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

[The foregoing Prayers are divided into several Paragraphs, that Children may the Better learn them by Degrees or One after the other, as their Memory grows Stronger. And tho' the Lord's Prayer be placed Last, as Proper to Close with, when the Rest are All learns and said, yet 'tis Advisable that it should be First learnt.]

Private P R A Y E R S

For young Persons from *Fourteen* to
Twenty one Years of Age.

MORNING PRAYER.

[*Being Drest, and Kneeling down Reverently, let the Person devoutly say,*]

God the Father, have mercy upon me.

God the Son, have mercy upon me.

God the Holy Ghost, have mercy upon me.

O Most mighty God and merciful Father, I now humbly Present my self before thee, in the Name and thro' the Merits of Christ, to Beg pardon for whatever thou hast seen Amiss in me the *Night past*, as also for All the Sins of my Life hitherto, especially the Greater Sins I have been Guilty of, [*Here name such as you know your self to be Guilty of, as Lying, Standing in a Ly, Taking thy Holy Name in vain, Swearing, Cursing, not keeping Holy the Sabbath-day; but staying from Church, &c.*]

O make me every day more and more sensible, that nothing but Sin can deprive me either of thy Love and Favour in this World, or of the infinite Happiness of Enjoying for ever thy Presence in Heaven. O make me every day more and more sensible, that Sin tends not only to Deprive me of Both the forementioned Blessings, but also to render both my Body and Soul for ever miserable in Hell-torments

ments in the World to come. Let these Considerations daily grow more Lively and Strong in me, and be so Sanctified by thy Grace, that I may (as I ought) Fear and Dread Sin above All things, even the most Grievous Death; and that this Godly Fear being deeply and habitually rooted in me may excite me Resolutely to withstand All the Temptations to Sin that I shall meet with, especially Those of Youthful Lusts and Bad Company.

And, O Heavenly Father, who hast plainly made Known unto us, not only the Infinite Torments of Hell to Deter us from Sin, but also the Infinite Joys of Heaven to Engage us to Piety or the Practice of All that is Good, I beseech thee to make me Daily more and more Sensible of those Unspeakable Rewards, which thou hast laid up for those that truly Serve thee in this Life; and let the Considerations thereof be so Sanctified with thy Grace, that I may (as I ought) Love thee with All my Heart or Far above All things, and shew forth such my Love unto thee by diligently Keeping thy Commandments.

Wherefore more particularly give me Grace, to Believe in thee, to put always my Trust in thy Mercy, to Worship thee and Call daily upon thee by Morning and Evening Prayer in Secret, and Gladly to lay hold of All Opportunities of Publickly Worshipping thee in thy Holy House, to Honour thy Holy Name by not using it in Common or Vain Discourse, much less in Swearing or Cursing; to Honour thy Word or the Holy Scriptures, by diligently Reading and Meditating on them; to Honour thy Ministers as appointed by thee to be our Spiritual Guides, to Honour the Places of thy Publick Worship and the Lord's-day, as being set apart more peculiarly for thy Service: To Love, Honour and Succour my Father and Mother; to Honour and Obey the Queen and All that are put in Authority under her; to submit my self to my Master, and Mistress with all Diligence and Dutifulness; to order my Self Lowly and Reverently to All

my Betters: To hurt no Body by Word or Deed; to bear no malice nor hatred in my heart: To be True and just in All my Dealing; to keep my hands from Picking and Stealing; and my Tongue from Evil Speaking, Lying, and Slandering. To keep my body in Temperance, Soberness; and Chastity: Not to Covet nor desire other Mens Goods; but to learn and labour truly to Get mine Own Living, and to do my Duty in that State of Life unto which it pleases Thee to Call me.

To this End Bless me (I beseech thee) *This Day* in the Business of my Calling, and All my Honest Labours and Endeavours. Grant that in All my Works Begun, Continued, and Ended in Thee I may glorify thy Holy Name, and finally by thy Mercy obtain Everlasting Life.

[This paragraph is to be said only on Week-days, instead whereof there is Another to be used on Sundays, set down under Prayers for Sunday or the Lord's-day.]

Bless the Queen, the Royal Family, and All Orders of Men amongst Us, more especially the Ministers of thy Word and Sacraments, and particularly Him whom thou hast appointed to be my Minister or Spiritual Guide: Bless also my Father, Mother, Brethren, Sisters, all my Relations and Friends. Lord, thou Best knowest All their Conditions, may it please thee to Suit thy Blessings Temporal and Spiritual to their Several Wants and Necessities.

With these my Prayers, Gracious Lord God, accept also of my Humblest Praise and Thanksgiving for All thy Mercies from time to time vouchsafed unto me, for my Creation, Preservation, and All the Blessings of this Life, particularly those of the Night past, and All other Extraordinary Mercies, *[Here name any more than Ordinary Mercy, which you have received the Night past, or any other part of your life:]* but above all for Thy inestimable Love in sending thy Only Son *Jesus Christ* to save Me and All mankind from Sin and Eternal Death, and to that End to Teach

Teach Us how to Pray unto thee; with whose Form of Prayer therefore, as being most Perfect and Acceptable to Thee, I conclude these my Imperfect Prayers, saying,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

EVENING PRAYER.

[Before the Person undresses, and lies down in Bed, let Him or Her Kneeling down Reverently, either in the Bed-chamber or some other Convenient place, devoutly say,]

Lord, have mercy upon me.

Christ, have mercy upon me.

Lord, have mercy upon me.

O Most mighty God and merciful Father, I now humbly Present my self before thee, in the Name and thro' the Merits of Christ, to Beg pardon for whatever thou hast seen Amis in me the Day past, as also for All the Sins of my Life hitherto, especially the Greater Sins I have been Guilty of. *[Here name such Sins as you know your self upon Recollection (for which some Time is to be allowed before Kneeling down) to have been Guilty of the Day past, and Any Greater Sin of your whole Life.]*

O make me every day more and more sensible, that nothing but Sin can deprive me either of thy Love and Favour in this World, or of the infinite

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Happines of Enjoying for ever thy Presence in Heaven. O make me every day more and more sensible, that Sin tends not only to Deprive me of Both the forementioned Blessings, but also to render both my Body and Soul for ever miserable in Hell-torments in the World to come. Let these Considerations daily grow more Lively and Strong in me, and be so Sanctified by thy Grace, that I may (as I ought) Fear and Dread Sin above All things, even the most Grievous Death ; and that this Godly Fear being deeply and habitually rooted in me may excite me Resolutely to withstand All the Temptations to Sin that I shall meet with, especially Those of Youthful Lusts and Bad Company.

And O Heavenly Father, who hast plainly made Known unto us, not only the Infinite Torments of Hell to Deter us from Sin, but also the Infinite Joys of Heaven to Engage us to Piety & the Practise of All that is Good, I beseech thee to make me Daily more and more Sensible of those Unspeakable Rewards, which thou hast laid up for those that truly Serve thee in this Life ; and let the Consideration thereof be so Sanctified with thy Grace, that I may (as I ought) Love thee with All my Heart, Far above All things, and shew forth my Love unto thee by diligently Keeping thy Commandments.

Wherefore more particularly give me Grace, to Believe in thee, to put always my Trust in thy Mercy, to Worship thee and Call daily upon thee by Morning and Evening Prayer in Secret, and Gladly to lay hold of All Opportunities of Publickly Worshipping thee in thy Holy House, to Honour thy Holy Name by not using it in Common or Vain Discourse, much less in Swearing or Cursing ; to Honour thy Word, the Holy Scriptures, by diligently Reading and Meditating on them ; to Honour thy Ministers as appointed by thee to be our Spiritual Guides, to
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Honour the Places of thy Publick Worship and the Lord's-day, as being set apart more peculiarly for thy Service: To Love, Honour and Succour my Father and Mother: to Honour and Obey the Queen and All that are put in Authority under her; to submit my self to my Master and Mistress with all Diligence and Dutifulness; to order my self Lowly and Reverently in All my Betters; To hurt no Body by Word or Deed; to bear no malice nor hatred in my heart: To be True and just in All my Dealing; to keep my hands from Picking and Stealing; and my Tongue from Evil-Speaking, Lying, and Slandering. To keep my body in Temperance, Soberness, and Chastity: Not to Covet nor desire other Mens Goods; but to learn and labour truly to Get mine Own Living, and to do my Duty in that State of Life unto which it pleases Thee to Call me.

O Heavenly Father, into thy Almighty Protection do I recommend my self *This Night*, and All I am bound to Pray for. O thou that never Slumberest nor Sleepest, Watch over Us to preserve Us from Sin and Danger. And let it be thy Good pleasure to Refresh us with such Rest and Sleep, as that We may Rise the next Morning more Fit for Thy Service in our several Stations.

With these my Prayers, Gracious Lord God, accept also of my Humblest Praise and Thanksgiving for All thy Mercies from time to time vouchsafed unto me, for my Creation, Preservation, and All the Blessings of this Life, particularly those of the *Day past*, and All other thy Extraordinary Mercies, [*Here name any more than Ordinary Mercy, which you have received the Night past, or any other part of your life:*] but above all for thine inestimable Love in sending thy Only Son *Jesus Christ* to save Me and All mankind from Sin and Eternal Death, and to that End to Teach Us how to Pray unto thee; with whose Form of Prayer therefore,

fore, as being most Perfect and Acceptable to Thee,
I conclude these my Imperfect Prayers, saying,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, as it is in Heaven. Give us this day our daily Bread. And forgive us our Trespases, As we forgive them that trespass against us. And lead us not into Temptation; But deliver us from Evil: For shine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

Private PRAYERS

For Persons above *Twenty one* Years of Age.

Ejaculations at Waking.

Awake, O my Soul, and Sing praises to God.
Glory be to thee, O God, for All thy Mercies vouchsafed to me the *Night* past.
Vouchsafe, Gracious Lord, to preserve Me this ensuing *Day* from Sin and Danger.

At Rising Out of Bed.

Lord, give me Grace duly to consider, that as I now Rise out of my Bed, so I shall at the Resurrection Rise out of my Grave, and that to Give an Account of What I have done here upon Earth, and to Receive accordingly. *John 5. 28, 29.*

Lord, give me Grace so to Live here, that Thou mayst at the *Last day* Raise me up to Life Everlasting. *John 6. 40, 44, 54.*

At

At Putting On ones Cloaths.

Lord, give me Grace Daily to *Put on* more and more the Lord Jesus, and to be *Clothed with Humility*. Rom. 13. 14. 1 Pet. 5. 5.

Give me Grace, so to Live here, as that at the Last day this *Corruptible* may *put on* a Blessed *Incorruption*, and this *Mortal* may *put on* an Happy *Immortality*. 1 Cor. 15. 53, 54.

[The Person being Drest, let him Kneel down Reverently either in his Bed-chamber or some other Convenient place, and devoutly say as follows,]

MORNING PRAYER.

O God the Father, have Mercy upon me a Miserable Sinner, in that I have Sinned against Thee my Creator.

O God the Son, have Mercy upon me a Miserable Sinner, in that I have Sinned against Thee my Redeemer.

O God the Holy Ghost, have Mercy upon me a Miserable Sinner, in that I have by my Sins Grieved Thee by whom I am Sealed to the Day of Redemption. Ephes. 4. 30.

Let the Words of my Mouth, and the Meditations of my Heart be Now and Always acceptable in thy sight, O Lord my Strength and my Redeemer. Ps. 19. 14, 15,

O Most mighty God and merciful Father, I now humbly Present my self before Thee, in the Name and thro' the Merits of Christ to Beg Pardon for whatever thou hast seen Amis in Me the Night past, as also for All the Sins of my Life hitherto, especially the Greater Sins I have been Guilty of. [Here let the Person name Any Sin he has falln into the Night past, and also

also the Greater Sins of his Life, as Lying, Taking God's Name in vain, Common Swearing, &c. Drunkenness, Murder, Whoring, Stealing, &c. Breaking the Unity of the Church by Separation, &c.]

O make me every day more and more sensible, that Nothing but Sin can deprive Me either of Thy Love and Favour in this World, or of the Infinite Happiness of Enjoying for ever thy Presence in Heaven. O make me every day more and more Sensible, that Sins tends not only to Deprive me of Both the fore-mentioned Blessings, but also to render both my Body and Soul for ever miserable in Hell-torments in the World to come. Let these Considerations daily grow more Lively and Strong in me, and be so Sanctified by thy Grace, that I may (as I ought) Fear and Dread Sin above All things, even the most Grievous Death; and that this Godly Fear being deeply and habitually rooted in me, may excite me Resolutely to withstand All the Temptations to Sin that I shall meet with, especially those Sins which I find my self most inclined to, and most agreeable to the Corruption of my nature. [*Here let the Person name such Sins as he finds himself most prone to fall into.*]

And, O Heavenly Father, who hast plainly made Known unto us, not only the Infinite Torments of Hell to Deter us from Sin, but also the Infinite Joys of Heaven to Engage us to Piety or the Practice of All that is Good, I beseech thee make me Daily more sensible of those Unspeakable Rewards, which thou hast laid up for those that truly serve thee in this Life, and let the Consideration thereof be so Sanctified with thy Grace, that I may (as I ought) Love thee with All my Heart or Far above All things; and shew forth such my Love unto thee by diligently Keeping thy Commandments.

Wherefore more particularly give me Grace to Believe in thee, to put always my Trust in thy Mercy, to Worship thee and Call daily upon thee by Morning and Evening Prayer in Secret, and Gladly to lay

hold of All Opportunities of Publicly Worshipping thee in thy Holy House; faithfully to make use of All the Means of Grace, as Prayer, Fasting, or Abstinence, Reading and Meditating on thy Holy Word, Hearing the Instructions of thy Ministers, and Receiving the Blessed Sacrament; to Honour thy Holy Name by not using it in Common or Vain Discourse, much less in Swearing or Cursing; to Honour thy Word or the Holy Scriptures by diligently Reading and Meditating on them; to Honour Thy Ministers as appointed by Thee to be Our Spiritual Guides; to Honour the Places of thy Publick Worship and the Lord's day, as being more peculiarly set apart for thy Service: To Love, Honour and Succour my Father and Mother; to Honour and Obey the Queen and All that are put in Authority under her; [To submit my self to my Master and Mistress, with All Diligence and Dutifulness; *This is to be omitted by such as are not Servants.*] To order my self Lowly and Reverently to All my Betters: To hurt no Body by Word or Deed; to bear no malice nor hatred in my heart: To be True and just in All my Dealing; to keep my hands from Picking and Stealing; and my Tongue from Evil-Speaking, Lying, and Slandering. To keep my body in Temperance, Soberness, and Chastity: Not to Covet nor desire other Mens Goods; but to learn and labour truly to Get mine Own Living, and to do my Duty in that State of Life unto which it hath pleased Thee to Call me.

To this End Bless me (I beseech Thee) this Day in the Business of my Calling, and All my Honest Labours and Endeavours. Grant that in All my Works Begun, Continued, and Ended in Thee I may glorify thy Holy Name, and finally by thy Mercy obtain Everlasting Life.

[*The foregoing Paragraph is to be used only on Week-days, instead whereof on Sundays is to be used the First Collect under the Title of Prayers for the Lord's day or Sunday*]

Bless

Bless the Queen, the Royal Family, and All Orders of Men among us, especially the Ministers of thy Word and Sacraments, and particularly Him whom thou hast appointed to be my Spiritual Guide or the Minister of my Parish.

† *This with the following Particulars is to be said or omitted, according as the Person has a Family, or is a Servant.*

Bless also my † Family, [Husband, Wife, Children; or the Family I belong to] together with All other my Relations and Friends.

Lord, thou Best knowest All our Conditions, O may it please thee to suit thy Blessings Temporal and Spiritual to Our several Wants and Necessities: [More

* *This is to be omitted, if the Person has no Children, &c.*

* particularly give me, thy Servant, Grace to take special Care to Breed up my Children in the True

Fear and Love of thee their God, as being far better than Leaving them Great Possessions upon Earth without a Pious Education.]

With These my Prayers, Gracious Lord God, accept also of my humblest Praise and Thanksgiving for All thy Mercies from time to time Vouchsafed unto me, for my Creation, Preservation, and All the Blessings of this Life, particularly those of the Night past and all other thy Extraordinary Mercies; [*Here name any more than Ordinary Mercy, which you have received the Night past, or any other part of your Life:*] But above all for thine inestimable Love in the Redemption of the World by our Lord Jesus Christ, for the Means of Grace here, and the Hope of Glory hereafter.

These my Prayers, and these my Praises, I most humbly offer unto thee, and desire thee, O heavenly Father, to accept, not for their Own Worthiness, but for the Worthiness of thy Son and my Saviour Jesus Christ; who as he now sits at thy Right Hand making Intercession for us, so whilst he was on Earth,

Earth, did out of his great Compassion to our Infirmities teach and command us to use a most Perfect Form of Prayer. With which therefore, as being most Acceptable to Thee, O Heavenly Father, I conclude these my Imperfect Petitions, saying in the Words of thy most Beloved Son and our most Loving Saviour,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy kingdom come. Thy will be done in Earth, as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: for thine is the kingdom, and the power, and the glory, for ever and ever. *Amen.*

EVENING PRAYER.

[*Let the Person, before he Undresses, spend a little time in Recollecting, how he has behaved himself the Day past, first saying these*]

Ejaculations before Evening Prayer.

Come, O my Soul, here is Another Day of my Life gone, of this (a) *Span* of Life, of this (a) *Nothing* of Mortality, which yet it has pleased God to make a Probation-ship for an *Eternity* of Happiness or Misery! (a) *Pf. 39. 6.*

Come, let me consider, what Account I shall be able to give to God, at the last Judgment, of This Day.

[*Having Recollected how he has spent the Day past, let the Person Reverently Kneeling down devoutly say*]

O God the Father, have Mercy upon me a Miserable Sinner, in that I have Sinned against Thee my Creator.

O God

O God the Son, have Mercy upon me a Miserable Sinner, in that I have Sinned against Thee my Redeemer.

O God the Holy Ghost, have Mercy upon me a Miserable Sinner, in that I have by my Sins Grieved Thee by whom I am Seated to the Day of Redemption. Ephes. 4. 30.

Let my Prayer, O Lord, be set forth in thy sight as Incense; and the Lifting up of my Hands be as an Evening Sacrifice, Ps. 141. 2.

O Most mighty God and merciful Father, I now humbly Present my self before Thee, in the Name and thro' the Merits of Christ to Beg Pardon for whatever thou hast seen Amiss in Me the Day past, as also for All the Sins of my Life hitherto, especially the Greater Sins I have been Guilty of. [*Here let the Person name Any Sin he has fallen into the Day past, and also the Greater Sins of his Life, as Lying, Taking God's Name in vain, Common Swearing, &c. Drunkenness, Murder, Whoring, Stealing, &c. Breaking the Unity of the Church by Separation, &c.*]

O make me every day more and more sensible, that Nothing but Sin can deprive Me either of thy Love and Favour in this World, or of the Infinite Happiness of Enjoying for ever thy Presence in Heaven. O make me every day more and more Sensible, that Sin tends not only to Deprive me of Both the fore-mentioned Blessings, but also to render both my Body and Soul for ever miserable in Hell-torments in the World to come. Let these Considerations daily grow more Lively and Strong in me, and be so Sanctified by thy Grace, that I may (as I ought) Fear and Dread Sin above All things, even the most Grievous Death; and that this Godly Fear being deeply and habitually rooted in me, may excite me Resolutely to withstand All the Temptations to Sin, that I shall meet with, especially those Sins which I find my self most inclined to, and most agreeable to the Corruption

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And, O Heavenly Father, who hast plainly made Known unto us, not only the Infinite Torments of Hell to Deter us from Sin, but also the Infinite Joys of Heaven to Engage us to Piety or the Practice of All that is Good, I beseech thee make me Daily more sensible of those Unspeakable Rewards, which thou hast laid up for those that truly serve thee in this Life; and let the Consideration thereof be so Sanctified with thy Grace, that I may (as I ought) Love thee with All my Heart or Far above All things; and shew forth such my Love unto thee by diligently Keeping thy Commandments.

Wherefore more particularly give me Grace to Believe in thee, to put always my Trust in thy Mercy, to Worship thee and Call daily upon thee by Morning and Evening Prayer in Secret, and Gladly to lay hold of All Opportunities of Publickly Worshipping Thee in thy Holy House; faithfully to make use of All the Means of Grace, as Prayer, Fasting or Abstinence, Reading and Meditating on thy Holy Word, Hearing the Instructions of thy Ministers, and Receiving the Blessed Sacrament; to Honour thy Holy Name by not using it in Common or Vain Discourse, much less in Swearing and Cursing; to Honour thy Word or the Holy Scriptures by diligently Reading and Meditating on them; to Honour Thy Ministers as appointed by Thee to be Our Spiritual Guides; to Honour the Places of thy Publick Worship and the Lord's-day, as being more peculiarly set apart for thy Service: To Love, Honour and Succour my Father and Mother; to Honour and Obey the Queen and All that are put in Authority under her; [To submit my self to my Master and Mistress, with All Diligence and Dutifulness; *This is to be omitted by such as are not Servants.*] To order my self Lowly and Reverently to All my Betters: To hurt no Body by Word or Deed; to bear no malice nor hatred in my heart:

heart: To be True and Just in All my Dealing; to keep my hands from Picking and Stealing; and my Tongue from Evil-Speaking, Lying, and Slandering. To keep my Body in Temperance, Soberness, and Chastity: Not to Covet nor Desire other Mens Goods; but to learn and labour truly to Get mine Own Living, and to do my Duty in that State of Life unto which it hath pleased Thee to Call me.

O Heavenly Father, into thy Almighty Protection do I recommend my self *This Night*, [† my Family, Husband or Wife, Children;

† *These Expressions are to be used or omitted, according to the Circumstances of the Person that prays.*

or All that belong to this Family, my Master, Mistress &c.] and All others I am bound to Pray for. O Thou that never Slumberest nor

Sleepest, Watch over Us to preserve Us *This Night* from Sin and Danger. And let it be thy Good pleasure to Refresh us with such Rest and Sleep, as that We may Rise the next Morning more Fit for Thy Service in our several Stations.

With these my Prayers, Gracious Lord God, accept also of my humblest Praise and Thanksgiving for All thy Mercies from time to time Vouchsafed unto me, for my Creation, Preservation, and All the Blessings of this Life, particularly those of the *Day past*, and all other thy Extraordinary Mercies; [*Here name any more than Ordinary Mercy, which you have received the Day past, or any other part of your Life;*] But above all for thine inestimable Love in the Redemption of the World by our Lord Jesus Christ, for the Means of Grace here, and the Hope of Glory hereafter.

These my Prayers, and these my Praises, I most humbly offer unto thee, and desire thee, O Heavenly Father, to accept, not for their Own Worthiness but for the Worthiness of thy Son and my Saviour Jesus Christ; who as he now sits at thy Right Hand making Intercession for us, so whilst he was on Earth,

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Earth, did out of his great Compassion to our Infirmities teach and command us to use a most Perfect Form of Prayer. With which therefore as being most Acceptable to thee, O Heavenly Father, I conclude these my Imperfect Petitions, saying in the Words of thy most Beloved Son and our most Loving Saviour,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, as it is in Heaven. Give us this day our daily Bread. And forgive us our Trespases, As we forgive them that trespass against us. And lead us not into Temptation; But deliver us from Evil, for thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

Ejaculations at Putting off ones Cloaths.

Blessed Lord, give me Grace duly to consider, that as I now put off my Cloaths, so I must *shortly put off this earthly Tabernacle* of my Body. 2 Pet. 1. 14.

O prepare me daily more and more for that my Great Change, by enabling me by thy Grace to *Put off* daily more and more the *Old Man* (or my Former Evil Habits) *with his Deeds, Anger, Wrath, Malice, Blasphemy, Filthy Communication, Lying, &c.* Col. 3. 8, 9.

At Lying down in Bed.

Lord, make me duly to consider, that as I now lie down in my Bed, so I must (and that how soon thou Alone knowest) lie down in my Grave.

Lord, so teach me therefore so *Number my days*, that I may apply my Heart to the Fear of Thee, which is the Greatest Wisdom; and to depart from Evil, which is the Truest Understanding. Pl. 90. 12. Job 28. 29.

Into thy Hands I commend my Spirit, Heavenly Father and Blessed Redeemer. Luke 23. 46.

N. B. Tho' the foregoing Prayers may be wholly said at Morning or Evening, as is directed, within the small compass of a Quarter of an Hour; yet if any Extraordinary Business fall out, which will not allow of the foresaid Time, then the Person may omit one or more of the Paragraphs, as he judges best: Or, if the Extraordinariness of the Business will allow of no more, then he may content himself with devoutly saying the Lord's Prayer. And let the Person spend more than ordinary time in his Devotions, or reading the Bible at the next Opportunity of Leisure which he shall enjoy.

But far be it from any one that calls himself a Christian, to be Ashamed of saying his Private Prayers before any other that may happen to be his Bedfellow or Chamberfellow; and rather to go to Bed without saying them, or else to content himself with saying them in his Bed. Let such an One remember, what Christ saith, Whosoever shall be ashamed of me (and so is every one that is ashamed of saying his Prayers before another) of him also shall the Son of Man be ashamed, when he comes in the Glory of his Father with the Holy Angels, Mark 8. 38. Wherefore let no One neglect to say his Private Prayers because before another, but on the contrary by his Good Example let him teach the other his indispensable Duty in this Case. Lastly, As no one is to be ashamed to say his Private Prayers before another; so no one is to do so, out of Vain-glory or Spiritual Ostentation.

PRAYERS for NOON.

[After the Person has refreshed himself with his Dinner, and such Spare-time as he thinks fit to allow himself, before he sets to work again, 'tis highly commendable for him to use some Prayers to God according to the Example of David the Man after God's own heart, and of the Prophet Daniel a Man greatly beloved by God,

God, Daniel 6. 10. and 10. 11. *Therefore let the Person Kneeling down in a convenient place, Devoutly say*]

In the Evening and Morning and at Noon-Day will I pray, and that instantly: O Lord, in thy Mercy hear the Voice of my Prayer. Ps. 55. 18.

PRevent me, O Lord, in all my Doings with thy most Gracious Favour, and further me with thy continual Help, that in all my works begun, continued, and ended in thee, I may Glorify thy Holy Name, and finally by thy Mercy obtain Everlasting Life, through Jesus Christ our Lord. *Amen.*

LORD of all power and might, who art the Author and Giver of all Good things, Graft in my heart the Love of thy Name, Increase in me True Religion, Nourish me with all Goodness, and of thy great Mercy keep me in the same, through Jesus Christ our Lord. *Amen.*

Almighty and Everlasting God, who art always more ready to Hear than we to Pray, and art wont to Give more than either we Desire or Deserve: Pour down upon me the Abundance of thy Mercy, Forgiving me those things whereof my Conscience is afraid, and Giving me those Good things which I am not worthy to ask, but through the Merits and Mediation of Jesus Christ thy Son our Lord; with whose most Perfect Form of Prayer I conclude these my Imperfect Petitions,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil; For thine is the Kingdom, and the Power, and the Glory, For ever and ever. *Amen.*

Private

Private PRAYERS

For the *Lord's-day* or *Sunday*.

MORNING PRAYER.

Let the Person (being above Fourteen years of Age) use the Daily Morning Prayer which is afore drawn up for Persons of his Age, only instead of that Paragraph [To this End Bless me (I beseech Thee) this Day in the Business of my Calling, &c.] let him insert this following, viz.

O Lord my God, who hast brought me to the beginning of *This Day*, which thou hast *hal-
lowed* or set apart in a more special manner for Thine Own Service both Publick and Private; Give me Grace, that duly considering thy most Gracious Con-
descension in Allowing us Six days chiefly for our Common Affairs, and in Reserving but *One* day in Seven chiefly for Thine Own Service, I may hereby be gratefully excited not only Obediently, but even most Chearfully to imploy this day in Thy more im-
mediate Worship, by timely Repairing to thy House or *Church*, and there diligently attending thy Pub-
lick Worship from beginning to ending, by devoutly joyning in the Publick Prayers, and behaving my self Reverently according to the Rules prescribed by our
Spiritual Guides, by hearing thy Word with pure affection, and bringing forth the fruits of the Spirit in my Life and Conversation, by embracing the blessed opportunities of Receiving the Holy Sacrament, and by conscientiously imploying what remains over the
time

time of thy *Publick* Worship in *Private* Devotion, Reading and Studying thy Holy Word, Meditating on thy Goodness shewn in the Creation, but more especially in our Redemption, and in offering up Prayers and Praises unto Thee; [† and lastly,

in Instructing Those under my care :

O give me grace that always Remembering how thou hast commanded me not only to keep holy the Sabbath-day my self, but also to take care that

All under me do so likewise, I may religiously perform the same.] And grant, that thus

Keeping holy the Sabbath-day, I may share in the (a)

Blessing thou hast annexed thereunto

in this Life, by Prospering the Rest

of the Week in my Common Business; and in the next Life by being

judged Worthy to keep the Eternal

Sabbath with Thee in Heaven.

† This is to be omitted by such as have no Family or Any other under their Care.

(a) Wherefore the Lord Blessed the Seventh-day.

After this proceed to the next Paragraph, vix. [Bless the Queen, the Royal Family, &c.] and so to the end of the Daily Morning Prayer.

Ejaculations at Entering into Church.

In the Multitude of thy Mercy will I come into thy House, *Pf. 5. 7.* and will Reverence thy Sanctuary, *Lev. 19. 30. and 26. 2.*

How dreadful is this Place ! this is None other but the House of God, and this is the Gate of Heaven, *Gen. 28. 17.*

At Coming to Ones Seat.

O Lord, so Assist me with thy Holy Spirit, that my Prayers and Praises may be Acceptable in thy sight, and that thy Word may be received into my Heart as Seed sown in Good Ground, through Jesus Christ my Saviour. *Amen.*

[The

[*The Person having thus said, if Prayers do not presently begin, let him not use any Vain Talk, or stand Gazing about, but keep his Mind Serious by Reading and Meditating on the 84th Psalm, O how Amiable are thy Dwellings, &c.*]

After Divine Service afore Leaving ones Seat

Glory be to thee, O Lord, for giving me this Gracious Opportunity of Coming into Thy Courts. Psalm 100. 3.

O pardon All my Failings, and accept of my Bounden Duty, and make me, not a Hearer only, but Doer of thy Word, for Christ his sake. *Amen.*

The foregoing Ejaculations at Entering into Church, or Coming into Ones Seat, and after Divine Service, are likewise to be used at Any time of Publick Service as well as on the Lord's-day.

A General Thanksgiving,

To be used on the Lord's-day or Any other Festival or Thanksgiving-day, at Noon afore Evening Service, or else some time after Evening Service; taken in the main from Bishop Ken's Manual.

Worthy, art thou, O Lord of Heaven and Earth, to receive Glory and Honour and Power: for thou has Created all things, and for thy Pleasure they are and were Created! *Rev. 4. 8.*

Thou hast made Heaven, the Heaven of Heavens with all their Host, the Earth and all things that are therein; Thou Preservest them All, and the Host of Heaven praiseth Thee! *Neh. 9. 6.*

Glory be to Thee, O Lord God Almighty, for Creating Man after thine Own Image, and making of Great variety of Creatures to minister to his use!

Glory be to Thee, who givest us life and breath and all things; who givest us fruitful seasons and fillest our hearts with food and gladness! *Acts 14 17.*

Glory

Glory be to Thee, O Lord God, for all thy many blessings and deliverances, for all thy forbearance and long-suffering to this sinful nation; Glory be to Thee, O Lord, who hast made me also share in these publick mercies, and for that light of the Gospel thou vouchsafest us, whereof many Others are ignorant.

Glory be to Thee, O Heavenly Father, for my Being and Preservation, Strength and Health, Food and Raiment, for my Abilities of mind and of body; for all my known or unobserved Deliverances, and for the Guard thy Holy Angels keep over me.

But above all, Glory be to Thee, for giving thy only Son to die for my Sins, and for all the Spiritual Blessings he has purchased for me, for my Baptism, and all the Opportunities Thou givest me of Serving Thee, particularly This, or of Receiving the Holy Sacrament, [† particularly that of this Day] for what-
 ever Sin I have escaped, for what-
 ever Good I have done or thought,
 for all the Helps of Grace, and Hopes
 of Heaven, Glory be to Thee!

† This is to be
 said on any day
 that the Person
 has received the
 Sacrament.

Praise the Lord, O my Soul, and all that is within me praise his Holy Name.

Glory be to thee, O Lord Jesus, for thy Inexpressible Love to Lost Man: Glory be to thee, O Lord, for condescending to take out frail nature on thee: Glory be to thee for all thy Heavenly Doctrine to instruct us, thy great Miracles to convince us, and thy unblamable Example to guide us!

Glory be to thee, O Blessed Jesus, for thy Agony and bloody Sweat, for all the torments and anguish of thy bitter Passion!

Glory be to thee, O Blessed Jesus, for thy Glorious Resurrection and Ascension into Heaven, and Intercession for us at the Right-hand of thy Father!

O Gracious Lord, thou that hast done So much for me, how can I ever sufficiently praise and love thee!

Praise the Lord Jesus, O my Soul, and all that is within me praise his Holy Name!

Glory

Glory be to thee, O Blessed Spirit, Glory be to thee for all the miraculous Gifts and Graces thou didst bestow on the Apostles, to fit them to Convert the World, and for inspiring the sacred Penmen of Holy Scripture !

Glory be to thee, for instilling Holy thoughts into my Soul, for all the Ghostly strength and support, and comfort, and illumination we receive from thee; for all thy preventing and restraining and sanctifying Grace Glory be to thee !

Blessed Spirit ! let me never more by my Sins Grieve thee, who art the Author of life and joy to me !

Praise the Lord, O my Soul, and All that is within me, praise his Holy Name !

[*Here if you repeat this Thanksgiving, on any Festival or Saints-day, you may add*]

Particularly, O Lord, I am bound to praise Thee for the Great Blessing we this Day Commemorate. [*Here mention it, for instance, the Nativity of our Blessed Saviour, or the like.*]

[Or] For the Saint, whose Memory we this Day celebrate, [*Here you may name him*] and add,

Praise the Lord therefore, O my Soul, and all that is within me, praise his Holy Name !

Blessing, and Honour, and Thanksgiving, and Praise, more than I can utter, more than I can conceive, be unto Thee, O most adorable Trinity, Father, Son, and Holy Ghost, by all Angels, all Men, all Creatures, for ever and ever. *Amen, Amen.*

OUR Father, which art in Heaven, Hallowed be thy Name. Thy Kingdom come. thy Will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the Kingdom, and the Power, and the Glory, For ever and ever. *Amen.*

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A General Intercession,

*To be used on Days of Private and Publick
Humiliation or Fasting, taken also from
Bishop Ken's Manual.*

Holy, Holy, Holy, Lord God Almighty, I miserable Sinner, humbly acknowledge that I am altogether unworthy to pray for my self, but since thou hast commanded us to make Prayers and Intercessions for all Men, in obedience to thy Command, and in confidence of thy unlimited Goodness, I commend to thy Mercy and Divine Providence, the Wants and Necessities of all Mankind.

Lord, let it be thy good Pleasure to restore to thy Church Catholick, Primitive Peace and Purity, and to preserve it against the Gates of Hell.

Particularly, O Lord God, I implore thy Mercy for this sinful Nation; for the iniquity of the Land is exceeding great.

Alas, Alas! we are unthankful for thy Blessings, incorrigible under thy Judgments, and unprofitable under all the means of Grace; and what can we expect from thee, but to drink deep of the cup of thy Wrath?

And Wretch that I am, my sins have increased the heap of the publick impieties, and made their cry the louder to Heaven for vengeance:

But, O Lord God, in the midst of Judgments remember Mercy; Turn thou us, Lord, and so shall we be turned; O be favourable to thy People, and give us all Grace to turn to Thee, in Fasting, Weeping, and Mourning, to put a period to our Provocations, and do Thou put a period to our Punishments.

O Lord God, out of the multitude of thy Mercies, give us Grace to fear Thee, and to keep Thy Command-

mandments always, that it may be well with us, and Thou mayst rejoyce over us to do us good. *Amen.*

O let it be Thy good Pleasure to bless us all, from the highest to the lowest in our several stations.

To defend the *Church of England* from all the assaults of Schism, Heresy, or Sacriledge; and to Bless all Bishops, Priests, and Deacons, *particularly my Spiritual Guide, the Minister of my Parish*, with Apostolical Graces, Exemplary Lives, and Sound Doctrine.

O let it be Thy good Pleasure, to save and defend our Sovereign Lady Queen ANNE, from all her Enemies; grant her a long and happy Reign over us, and endue her with all those Gifts and Graces, which may make her a terror to evil Works, and a great Promoter of thy Glory.

Bless her and all her Royal Relations with a great measure of all Temporal good things, and with Eternal Glory in the World to come.

Lord, let it be Thy good Pleasure to grant,
To the Privy-Council, Wisdom from above.
To all Magistrates, Integrity and Zeal for Religion.
To the Gentry and Commonalty, Pious and Just,
Peaceable and Loyal Hearts.
To our Armies and Navy, Protection and Victory.
To the whole Nation, healthful, and fruitful, and peaceful Times.

Lord, let it be Thy good Pleasure to grant,
To all Jews, Turks, Infidels, Atheists, and Hereticks,
Conversion.
To all Malefactors, and wicked Men, timely Repentance.
To all holy Persons, Increase of Grace and Perseverance.
To all that I have tempted any way to Sin, or with whom I have been a Companion in Evil, Contrition and Pardon.

Lord,

Lord, let it be Thy good Pleasure, to bless all those I have any way wronged, and to forgive those that have wronged me, to comfort the Disconsolate, to give Health to the sick, Ease to those that are in pain, Patience to the afflicted, Food to the hungry, Cloaths to the naked, Liberty to the captive, and a safe Delivery to Women with child.

Lord, be Thou a Guide to the Traveller, Safety to those that are at Sea, a Refuge to the Oppressed; be Thou a Father to the Fatherless, take Care of Widows, pity and relieve all poor Prisoners for Debt, and have Mercy on all Ideots and mad Persons.

Lord, let it be Thy good Pleasure, to Bless my [† Parents, Husband or Wife, Children, Brothers and Sister, all my Relations and Friends, all who have particularly commended themselves to my Prayers; [*Here you may name them*] Lord, Thou best knowest all our Conditions, all our Desires, all our Wants, O do Thou therefore suit thy Graces and Blessings, to our several Necessities of Body or Soul!

† *These Expressions are to be used as there is Occasion.*

Hear, O merciful Father, my Supplications, and that for the sake of thy Son Jesus, who died for us all, in whose holy Words I sum up all my own, and the Wants of all I pray for:

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

Prayers

Prayers and other Duties of Devotion in Reference to Receiving the Sacra- ment of the *Lord's Supper*.

As to the indispensable Duty of Receiving the Sacrament of the Lord's Supper, and great Advantage of Beginning to do so very early, I have already spoken in my Exposition of the last Part of the Church-Catechism, (Pag. 67. 68. and 77. &c.) It remains here to Assist such as are duly Sensible of this their Duty, and Willing to Discharge it, in Performing the same Worthily, or after such a manner as shall be Acceptable to God.

In order hereunto the First Duty is Examination, or calling to Remembrance our Life past, and considering what Sins we have been Guilty of, that so we may humbly Confess, and sincerely Bewail them before God, and Resolve against them for the Future, and thus truly Repenting of them may obtain Pardon for them. Wherefore when the Person has made Choice of a Time for performing this Duty, let him in the first place earnestly Beg God's Grace to Assist him in a Faithful Discharge thereof, saying devoutly upon his Knees the following Prayer.

Prayer before Examination.

Almighty God, unto whom all Hearts be open, all Desires known, and from whom no Secrets are hid: As Thou knowest the Sincerity of my Desires most Dutifully and Thankfully to Commemorate the infinite Love of my Saviour in Dying for me by duly Partaking of the Sacrament of his most blessed Body and Blood; so I beseech Thee to Discover, to me All
1 the

the Evils and Deceits of my Own Heart, and to Bring to my Remembrance All, at least the Greater Sins [of my Life Past, *This is to be said at the First Examination or Any other General Examination of Ones whole Life : at other times it may suffice to say as follows*] I have sinned into since my Last Examination, that I may humbly Confess and heartily Bewail, and sincerely Resolve to the utmost of my Power to Withstand and Forsake them for the Future, and thus Truly Repenting of them may obtain thy most Gracious Pardon for them. And this I trust Thou wilt do of thy infinite Goodness and Mercy unto me in Christ Jesus. *Amen.*

[*Having thus prayed for God's Assistance, that you may be the more sensible of the Dismal Consequences of Sin, and so be the more excited to get a true Knowledge of your Sins by your Examination, and more Humbly to Bewail them, dwell a while on the following Meditations.*]

Motives to Examination, *Taken from Bp Ken.*

○ My Soul, thou art now in the presence of the great Judge of Heaven and Earth, before whose dreadful Tribunal thou must certainly appear at the Day of Judgment, to give a strict Account of all thy Actions, and of every idle Word, of every evil Thought, and thy own Conscience will then be thy Accuser.

Think, O my Soul, think if thou canst, what unimaginable Horrors will seize an impenitent Sinner, when the last trump calls him out of his Grave, and the Devils begin to drag him to God's Judgment Seat! What would such a Wretch give to purchase one such opportunity of Repentance, as God now in great mercy gives thee? If ever thou hopest to escape those Horrors, O my Soul, make thy peace with God, judge thyself here, lest thou be condemned hereafter.

The Examination.

I Adjure thee, O my Soul, in the presence of the great Judge, who knows all the secrets of thy Heart; I adjure thee, as thou wilt answer before God's Judgment-seat at the last day, to tell me:

1. Have I been guilty of Atheism, or (with the Fool saying in my heart, that is) thinking, that there is no God? *Pf. 14. 1.*

Of Idolatry, by Worshipping or Praying to any Creature; by Loving Any thing More than God, particularly by Covetousness, or the immoderate Love of Money; by Fearing any One More than God, or out of such a Fear Lying or committing any Other Sin; by Hypocrisy, or being Outwardly religious out of a principle of pleasing (not God, but) Man; by resorting to the Devil, to any Witch or Wizard, or going to any Conjuror or Cunning Man for any thing that I have Lost, or to Know my Future condition; by Relying or giving heed to *Omens* or such Circumstances as were looked upon by the *Heathens* to be signs of Good or Bad luck?

Of Neglect or Abuse of the Means of Grace, by not saying Constantly my *Private* Prayers, at least Mornings and Evenings; by not attending the *Publick* Prayers; by not behaving my self Devoutly at Prayers, either Publick or Private; by not diligently Reading the Bible; by putting off from time to time my Repentance, and the duty of Receiving the Sacrament, or by Receiving the Sacrament out of a Principle (not of love and obedience to Christ, but) of Temporal interest, or to Qualify my self for any Place or Office; by resisting the Motions of the Holy Spirit to that which is Good, and the Dissuasions thereof or Checks of my Conscience in respect of Evil?

Of Rending the mystical Body of Christ, or Breaking the Unity and Peace of the Church; by Heresy, or maintaining False Doctrine in relation to the Fundamentals of Christianity, [as, that there are not Three Persons in the Godhead, that Christ is not God, &c.] by Schism or Separation from the Church of England, and going to Meeting-houses, by thus Separating out of Compliance with Father or Mother, Master or Mistress, or Any other from whom we hope to Get something thereby?

Of Undue Apprehensions of God's Attributes, by Presuming on, or Distrusting in, or Despairing of God's mercy; by Murmuring or Repining at his Providence; by Unthankfulness for his mercies, and Uncorrigibleness under his Judgments, or not Keeping and Performing those Good Resolutions of Amendment made in Sickness, but returning to my former Sins after Recovery?

Of Abuse of God's Goodness or Creatures, by being Proud of my Cloaths, or Beauty, or Abilities of Mind or Body, or of my Estate or Wealth, or of my Holiness; by Idleness or mispending that precious time which God vouchsafes me here to fit my self for Eternity, and not duly Improving the opportunities I have met with of Learning or Piety; by Intemperance in Eating, or Drinking, or Sleeping, or Recreation or Sports; by Drunkenness in my self, or (which is worse) Making Others Drunk, and even Forcing them to Drink, Laughing at them or Sporting my self with them when Drunk, or Boasting and being Proud that I can Out-drink others, or Drinking against the checks of my own Conscience, only to Comply with the humour of some Great Man or Any other company I have been in?

2. Have I been guilty of Worshipping the True God after a Sinful manner, as under any Image, or of Paying any Devotion to the Image of any Saint, or of Worshipping the Sacramental host, as do the Papists, &c.?

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3. Have

3. Have I been guilty of Dishonouring God's Holy Name, by using it in Common discourse, especially in Vain and Lewd discourse; by Common Swearing or Cursing, by taking any Lawful Oath after an Irreverent manner, by Breaking any Lawful Oath or Vow, by taking any Unlawful Oath or making any Unlawful Vow; by not having Due regard to God's Word or the Bible, by using any Expressions therein to a Vain or Ill sense, by looking on the Bible as a Common book, and accordingly applying it (when worn out and Unfit to Read in) to any Common or even Vile use?

By not shewing Due Reverence to God's Houses or Churches In or Out of Divine service, by going into or staying in them without Pulling off my Hat, by using Vain or Irreligious discourses in them, by Playing or Tipling in them at the times of Ringing, or doing Any thing that is Undecent or Unfit for such Holy places; by Refusing or Grudging to Contribute to the Best of my Ability towards Keeping my *Parish-Church* in Good repair, and in such a Decent beautiffulness as becomes the Great and Holy use for which it is set apart, and rather Letting it go to Decay, so I might but save my Own Money; by not faithfully discharging the Office of *Church-warden*, but by Presenting *All as well* and in order, when it was otherwise, and so rendring my self guilty both of Disrespect to God's House, and also of Perjury in not keeping the Oath taken by me upon entering into the Office?

By not shewing Due Respect to God's Ministers, but rather Despising them on account of such their Office?

4. Have I been guilty of Not keeping Holy the Sabbath-day, by Playing on it or following my Common employ on it [as Trimming or Shaving, carrying home Cloaths or Shoes or other Goods on it, &c.] by Absenting from Church, or going to Meeting-houses; by not coming to Church at the Beginning of

of Divine Service when I might, but rather Loyer-
ing about, that so Good part of the Service might be
Over before I came; by taking Journeys or making
Idle and Impertinent Visits on that Day, because I
would not spare time on any Week-day for the same;
by not instructing them under my care in their duty
to God, by not taking care that my Family or those
under me keep the Sabbath-day Holy (as well as
my self) in all respects; by not faithfully discharg-
ing any Publick Office [as of Church-warden, Con-
stable, &c.] to which it belongs to take care that the
Lord's-day be kept *Holy*, that Persons do not Loyer
about in time of Divine Service, or lie in Ale-houses
or the like?

5. Have I been Guilty of any Undutifulness to my
Parents, either by actually Grieving or Injuring them,
or Not being Ready to help and relieve them to the ut-
most of my Ability?

Of Disobedience to my Lawful Sovereign or any
put in Authority under (Him or) Her, by any Open
Rebellion or taking up Arms, or by Secretly carry-
ing on, or being concerned in any Treasonable Plot
or Design?

Of Undutifulness to my Spiritual Fathers, the Go-
vernours or Bishops of the Church, in Not Com-
plying with their Rules and Injunctions in things
Indifferent or Undetermined in Scripture; or of Dis-
respect to my more immediate Spiritual Guide, the Mi-
nister of my Parish, by Quarreling or Falling out with
him, and that upon small or no just Occasion, by Slight-
ing him or Refusing to come to hear him upon any
Distaste or Dislike whatever, or by Forsaking him and
Following any Dissenting or False Teacher?

Of Undutifulness to Any one that has been my
Master or Mistres, by not giving Due Regard to
their Commands, by Gainsaying or Answering again
when reproved though Undeservedly; by being guilty
of Eye-service or not following what I have been set
about when out of their sight, by being Unfaithful

to them or Wronging them of Ought, by wasting or not taking care of what belonged to them as if it had been my own?

Of Undutifulness to my Teacher or School-master in not hearkening to his good Advice, in not submitting to his just Corrections, but being stubborn and obstinate?

Of Disrespect to my Superiours or my Betters, by refusing to give them Place or Any such Marks of Respect or Reverence as is Due to them from me?

Of any Unkindness to my Wife [or Husband] or Children or Apprentices or Servants or any in my Family, by not making due Provision for them, by being too Indulgent to them in their Faults or too Severe towards them, by not allowing them due time for their Religious Duties, and not calling upon them to be Constant in their Private Prayers Morning and Evening, &c.?

6. Have I been guilty of Murder or killing any one Wilfully and Unlawfully, or of Designing to kill any one; or of Hurting any one in Body or Reputation; of bearing Malice or Hatred in my Heart against any one, of Envy or Repining at Another's good Fortune, of entertaining any Thought of laying Violent Hands upon my self in any Case; of being Unmerciful or Cruel to my Cattle in working them beyond their strength, or in not giving them what was necessary for them; or of sporting my self with Beholding any Cruel Sights, as of Fencing, Baiting of Beasts, and the like; or of putting any thing to Death with any More Pain than is necessary or I needed to have done, only to satisfy my Curiosity, or to indulge my Appetite, &c.?

7. Have I been guilty of any Uncleanliness either of the Thought, or Eye, or Hand; of any Lustful Act, as Fornication, Adultery, or Sodomy, of any Unchast Expressions and Discourses, or singing or hearing sung Bawdy Songs or Ballads; or of De-
lighting

lighting in any lewd Company; or of Doing any thing that may tend to Excite any Unchast or Lascivious Desires, by any Immodest Behaviour, by any Immodest Dress or Apparel, or by Pampering my Appetite with strong Meats, &c.?

8. Have I been guilty of any ways Injuring any one in his Estate or Goods, by Stealing, Picking of Pockets, Robbing Orchards or Gardens, Houses, or Barns, or the like; or by Robbing on the High-way; by Concealing stolen Goods, or helping to put them off, or by harbouring Thieves or Robbers; by Keeping from any one what was His in Justice; by Cheating any one I have Dealt with, either by false Weights and Measures, or by laying hold of his Unskilfulness to Over-reach him in a Bargain; or by Putting Bad Goods upon him; by Borrowing what I knew I could not pay at the time appointed, or what I did not intend to pay; by Extortion or making Poor or Necessitous People give Extraordinary and Unreasonable Interest for the Use and Continuance of Money; by seizing Goods in Pawn upon the least Forfeiture, and Refusing to restore them upon Reasonable Considerations; by Beating down the Goods of any one in Necessity to a Rate unreasonably too low; by going to Law and getting from Another what is not my Right by means of my having the longer Purse; by Mis-spending any Publick Monies, and not laying it out Carefully, as if it had been my own; by asking Alms or the Charity of others, or putting my self upon the Parish, when I had no Necessity so to do; or by making away what is sufficient to keep me, in order to sling my self upon the Parish; by giving way (when I was Overseer of the Poor) to let such as had not need, come upon the Parish out of Self-Interest, or because they were to lay out their Money in Dealing with me; by pretending to Break only to make the Creditors Compound; or by putting my self into the King's-Bench, or Fleet-Prison, and the like, to Avoid paying

paying my Creditors, when I had wherewithal to do it; at least in a considerable measure; by tempting others to spend their Money Needlessly in my House, in Drinking or Gaming, and the like; by not doing an Honest Day's-work when hired by the Day?

More especially have I been guilty of any Sacrilege or Robbing God himself, by Breaking open any Church, and taking from thence the Communion-Plate, Pulpit-Cloth, Cushion, or the like; by withholding any part of the Tithes due from me to my Minister, or making him go to Law before I would pay it him; by Mispending or Wasting any Monies left towards the Repair of the Church, or any other Religious use, or not laying it out to the Best Advantage as if it had been my own?

9. Have I been guilty of Falsely accusing or bearing False Witness against any one, or suborning or hiring any Other to bear False Witness, especially so as to take away the Life of Another, or of Forswearing my self to save Another from undergoing publick Justice, or even to save his Life; of Counterfeiting Seals or Hands or any manner of Writings; of Railing or Spreading False and Scandalous Reports of Others; or being apt to Believe and Give too much heed to them; of countenancing or encouraging Bussie-Bodies, or Tale-Bearers, or the like?

10. Have I been guilty of Coveting any thing that is Another's, so as to use Unlawful Means for the Getting of it from him to my self?

['Tis not unlikely but that at the First time this Examination may be too long to be gone through at once as it ought. And therefore the Person may break it into two or three Parts as is most suitable to his Circumstances, and so go through it at two or three several times. But whenever he leaves off, let him conclude with this following Prayer.]

A Prayer

A Prayer after, *Examination,**Taken from Bp Ken.*

O Lord God, I have now by thy Assistance considered [*If the Person has not gone through all the Examination, let him say, In some measure; if he has gone through it, let him omit these foregoing words, and say as follows*] my own Evil ways; O thou who only knowest the Heart, and who only canst change it, Create in me such a broken and contrite heart which thou hast promised not to despise, and so deep a sense of my own Sin and Misery, that my Repentance may bear some Proportion to my Guilt. O my God, pardon all my Failings; and perfect that good work thou hast begun in me, for the Merits of Jesus my Saviour, in whose Holy Words I sum up all my Wants.

O UR Father, which art in Heaven; Hallowed be Thy Name. Thy Kingdom come. Thy Will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: for thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

N.B. *If upon Examination the Person remembreth that he has any way Wronged any other, he must resolve upon the first Opportunity to make him what suitable Satisfaction he can, and so ask his Forgiveness.*

If he has been guilty of Tempting any other to Sin, he must Humbly and Earnestly beg God's Pardon for him, and never cease to exhort the other to Repentance, as he has Opportunity.

If

If any have wronged him, he must forgive the Injury presently, and from the Heart.

'Tis also Requisite for the Person to put down such Sins as he is guilty of in Writing for to help his Memory, and that he may have them more ready to mention in his Confession.

Moreover the Person is to know, that any Sin is much aggravated or increased, by being committed Knowingly, or Deliberately, or Frequently; more, by being committed Obstinately, or Presumptuously, or on Slight or no Temptations, or against Checks of Conscience, or against Reproofs, Admonitions, Chastisements, or Vows to the contrary; but most of all, by being committed so Long, and so Often as to become Habitual, or that the Sinner Delights in it, or Boasts of it, or makes a Mock at it, or Tempts others also to it. All these and the like Circumstances do very much Heighten the Guilt of any Sin; and therefore the Person (as he goes along the Examination) must consider, in which of these Degrees he has committed the Sins he finds himself Guilty of, and must particularly mention the said Aggravation in his Confession.

A Confession.

[Which may be most properly used on the Friday next before the Person Receives the Sacrament, and be very properly accompanied with Fasting or Abstinence, and therefore may be said at that time which is wont to be allowed for Dinner. Wherefore the Person retiring into a convenient Place, and having brought his Catalogue (or the Paper wherein he writ down his Sins,) let him say standing.]

Hear, O my Soul, what St John saith: If we say we have no Sin, we deceive our selves, and the Truth is not in us: but if we confess our Sins, God is faithful

ful and just to forgive us our Sins, and to cleanse us from all Unrighteousness. 1 John 1. 8, 9.

Lord, I believe, O do thou help my Unbelief, and be it to me according to thy word: in Confidence whereof I desire most Humbly to make this my Confession unto Thee.

[Then let the Person kneeling down, most Humbly confess to God his Sins, and their Aggravations, as follows:]

O Thou Great Judge of Heaven and Earth, before whose Glorious Majesty, even the Good Angels, who never sinned, fall prostrate and tremble!

With what Debasement and Dread ought I to appear before thy awful Presence, who am but Dust and Ashes, and which is infinitely worse, a miserable wretched Sinner!

Holy, Holy, Holy, Lord God Almighty, Thou art of purer Eyes than to behold Evil with the least Approbation; the Way of the wicked, and the Sacrifice of the wicked, is an Abomination to Thee! Prov. 15. 8.

Wo is me then, O Lord, Wo is me, for I have inclined unto Wickedness with my Heart, but for the Sake of thy well-beloved Son, cast not out my Prayer, nor turn thy Mercy from me. Ps. 66.

Miserable wretch that I am, I have gone astray from the very Womb, I was shapen in wickedness, and in Sin did my Mother conceive me! Who can bring a clean thing out of an unclean? What is Man then, O God, that he should be clean, or he that is born of a Woman, that he should be righteous!

Thou, Lord, puttest no trust in thy Saints, and the Heavens are not clean in thy sight, and the very Angels thou chargest with folly!

How much more abominable then, and filthy am I, who daily drink Iniquity like water!

Lord,

Lord, pity, and cleanse, and forgive, and save me, for thy Mercies sake.

I know, O God, that in my flesh dwelleth no good thing; for when I would do good, evil is present with me, and I see a Law in my members warring against the Law of my mind, and bringing me into captivity to the Law of Sin. *Rom. 7.*

Lord have mercy upon me, and deliver me from this body of death, from this tyranny of sin.

Alas, alas, my whole nature is corrupt, infinitely prone to all evil, and averse to all that is good: my understanding is full of ignorance and error, my will is perverse, my memory tenacious of all things that may pollute me, and forgetful of my duty; my passions are inordinate, my senses the inlets of all impurity, and I have abused all my faculties, I am unclean, unclean!

Lord, pity, and cleanse, and forgive, and save me, for thy Mercies sake.

O Lord God, how have I through my whole life violated the solemn Vow I made to Thee in my Baptism, by eagerly pursuing the Vanities of this wicked World, by easily yielding to the temptations of the Devil, by greedily indulging my own carnal desires and lusts, by a fruitless and dead Faith, and by disobedience to thy Holy Will and Commands.

Father, I have sinned against Heaven, and in thy sight, and am no more worthy to be called thy Son.

I have sinned, O Lord God, I have sinned against Thee, by [*Here let the Person confess the Sins he remembers himself to have committed upon Examination, with their Aggravations, for instance,*] Lord, I have committed this Sin Knowingly, against Checks of Conscience, Frequently, Habitually, &c. [*and when he has thus confessed all his Sins, let him go on as follows.*]

Father, I have sinned against Heaven, and in thy sight, and am no more worthy to be called thy Son; O pity, and cleanse, and forgive, and save me for thy Mercies sake.

O Lord

O Lord God, my wickedness is great, and my iniquities are infinite, they are more in number than the hairs of my head, and my heart would fail me, but that I well know Thy mercies are more numberless than my Sins. *Pf. 40. 12.*

Have mercy upon me therefore, O Lord, according to thy great goodness, according to the multitude of thy mercies do away my offences. *Pf. 51.*

Who, alas, can tell how oft he offendeth! O cleanse Thou me from my secret Faults, from all my Sins of Ignorance, or Infirmary, or Omission, which I have not observed, or which I have forgot; Lord, lay none of them to my charge; Father forgive me; Lord Jesus have mercy upon me.

O that with *Mary Magdalen* I could weep much, and love much, having so much to be forgiven. *Luke 7. 38.*

O Gracious Lord, look on me, as Thou didst on *Peter*, and let Thy compassionate Look so pierce my heart, that I may weep bitterly for my sins! *Luke 22. 61.*

O Lord God, break this hard heart; for Thou only canst do it, and melt it into tears of Contrition! Miserable wretch that I am, that I should sin so much, and yet grieve so little!

But alas! I know all the Grief I can shew, all the Tears I can shed, can never wash away the least of my Sins, 'tis thy Blood only, O Lord Jesus, that can do that.

O Heavenly Father, in defect of the least Satisfaction I can make thee for my Sins, I offer thee the Blood of thy own well-beloved Son, who by his Death on the Cross made a full, perfect, and sufficient Sacrifice, Oblation, and Satisfaction for the Sins of the whole World, and therefore for mine in particular. I beseech Thee to Create in me a truly Broken and humbly Contrite Heart, such as Thou hast promised not to despise, and upon my sincere Repentance admit me to share in the Inestimable Benefits

nefits of Christ's Death, to wit, Pardon and Grace here, and Eternal Happiness hereafter.

Glory be to Thee, Gracious Lord, for giving me this Opportunity of confessing my Sins, and humbling my self before Thee! Glory be to Thee for giving me Grace to embrace and make Use of it!

Glory be to Thee, who hast called me to this most Gracious State of Salvation through Jesus Christ our Lord! O my God, I most Humbly, I most earnestly beg of Thee to give me continual Supplies of thy Grace, that I may continue in the same unto my Life's end, that being faithful unto Death I may receive the Crown of Life.

Hear me, O Lord, and when Thou hearest forgive, and favourably with Mercy pardon all my Failings, and accept these my Petitions, for the Sake of Jesus Christ, who died for my Sins, rose again for my Justification, and as he now sits in Heaven making Intercession for me, so whilst he was on Earth, out of his great Compassion to our Infirmities, taught us a most Perfect Form of Prayer; with which therefore, as being most acceptable to Thee, O Father, I conclude these my Imperfect Petitions, saying,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

Short

Short RULES for the Better Preparing for the Sacrament, to be observed the Week before.

[*Tho' an Habituall Preparation by a Regular Pious Life is the Best Preparation for Worthily Receiving the Sacrament; and such as are thus Habitually prepared, may and ought to Receive, when they have Opportunity, tho' they have not had Conveniency of using a more than Ordinary Preparation the Week before: yet however 'tis very advisable, especially for Common Persons, whose Worldly affairs generally engross most of their Thoughts, to Draw off their Minds from their Temporal Concerns, and to Renew and Quicken in themselves the Sense of their Spiritual Concerns, especially of the Infinite Love of Christ in Dying for their Sins, by a Weekly Preparation or Using more than Ordinary Devotions the Week afore they Receive the Sacrament. And herein a better Method can't be prescribed, than that of Our Church in the Passion-week, namely to Read every day some part of the History of our Saviour's Passion recorded by the Evangelists, and seriously and devoutly to Meditate a while on what is so Read. Wherefore let the Person devoutly read day by day as follows:]*

On Monday, *Matth.* 26. to the end of the Chapter.

On Tuesday, *Matth.* 27. to the end of verse the 54.

On Wednesday, *Mark* 14. to the end of the Chap.

On Thursday, *Mark* 15. to the end of verse 39.

On Friday, *Luke* 22. beginning at verse 39. to the end of the 49th verse of Chapter the 23d.

On Saturday, *John* 18. to the end of verse 37. of Chapter the 19th.

[*As it will be very Proper for the Person before he Begins to Read the aforesaid Portions of Scripture, to use the Ejaculations prescribed (as the end of these Prayers) so*
be

be used before Reading the Scripture at Any time; so will it be likewise Proper after he has Done Reading the said Portions of Scripture to use the Following Form of Devotion Every Day in this Week, viz.

A Form of Devotion to be used Daily after Reading the aforefaid Portions of Scripture, the Person Reverently Kneeling on his Knees; (extracted from Bishop Ken.)

O Thou my crucified Saviour, Glory be to Thee, for causing thy Sufferings to be registred in the Gospel; there I have read and remember the wonders and triumphs of thy Almighty Love, for which I will always Adore and Praise Thee.

Unfeignedly believe, O Gracious Lord, that Thou didst suffer All that I have read in the Gospel, for Sinful Man, and in particular for Me, when we were all thy utter Enemies, and had nothing in us to move Thee to pity us but Our extreme Misery, nothing to move Thee to save us, but our great Unworthiness, and Thy greater Mercy.

O the Depth of the Riches of thy Love, Blessed Lord, how unutterable is thy Mercy, and thy Love past finding out!

O All ye Holy Angels, behold and wonder, wretched Man hath Sinned against God, and God himself has suffered the Sinners punishment!

Was there ever Any Sorrow like that which my Lord and my God endured for me?

Was there Any Love like to that Love my Lord and my God has shewed to me?

Join with me therefore, O ye blessed host of Heaven, in celebrating that unknown Sorrow, that wonder-
ful

ful Love, which you your selves so much admire; join with me in praising my Crucified Saviour.

O my Gracious Lord, my heart is now full of the sense of thy Love; and what have I to Return to Thee but Love again? 'Tis All I have to offer thee; accept it, O merciful Lord, Imperfect as it is, and do thou daily heighten my sense of thy Love to Me, that I may daily heighten my Love to Thee.

O Thou infinite Lover of Souls, with all my heart I love, I praise, I adore thy Love to me; but alas, I can never do it Enough.

O do thou at last, Gracious Lord, translate me to thy Kingdom of Glory, that there I may Love thee to the utmost Capacity of a Creature, and praise thee to All Eternity, joyning with the Holy Angels and Saints, in that Heavenly Song;

Worthy is the Lamb that was Slain, and hath Redeemed Us unto God by his Blood, to receive Power, and Riches, and Wisdom, and Strength, and Honour, and Glory, and Blessing: Blessing and Honour and Glory and Power be unto Him that Sits upon the Throne, and unto the Lamb for Ever and Ever. *Amen.*

Rev. 5. 9, 12, 13, 14.

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

[As the Week draws nearer to the Sacrament-day, so will it be Commendable for the Person to Enlarge his Devotions. As therefore the Devotions here prescribed for Friday will be Enlarged by the Additional Duties of Examination and Confession; so will it be Convenient to the Saturday-devotion here before prescribed to Add also these following Meditations and Prayers.

D

Medi-

*Meditations to be used the Day before
Receiving the Sacrament.*

(Extracted from Bp. Ken.)

Miserable Wretch that I am, that ever I should commit those Sins which expose me to all the Vials of thy Wrath, O God, to all the Curses of thy Law, to all thy Judgments Temporal or Spiritual in this Life, and to all the Horrors and Despair, and Torments of the Damned in the Life to come!

Miserable Wretch that I am, that ever I should transgress that Law of thine, O God, which is so just and holy, and good and perfect, and so condescending to my infirmities; and in keeping of which there are so great, so unconceivable Rewards!

Wo is me, Miserable Wretch, wo is me, that ever I should offend so indulgent, so liberal, so tender a Father!

Wo is me, that ever I should repay the infinite Love, and the intolerable Sufferings of my Saviour for me, with nothing but those Sins which occasioned those very Sufferings!

Wo is me that ever I should Grieve the Holy Spirit, by rejecting so many of his Good motions, from whom only I derive grace and consolation!

Lord, I am Ashamed of my Own Folly and Mad-ness and Disingenuity, when I call to mind how greedily I have Sucked in my own Pollution; how treacherously I have betrayed my Own Soul to Temptations, and combined with the very Devils to hasten and increase my own Damnation; how obstinately I have fled from thee, when thy Mercy pursued me with promises of Pardon; how unworthily I have abused thy Goodness and Forbearance and Long-suffering which should have led me to Repentance.

O Lord

O Lord God, nothing is more Abominable in thy sight or more Devilish; nothing makes me more Odious in thy purest Eyes than Sin; and therefore I cannot but admire the Riches of thy Goodness, who hast spared me so long and hast given me this opportunity of Repentance.

I do therefore, O my God, embrace this blessed Opportunity, and do from my heart renew my Baptismal Vow, which alas! I have hitherto so often violated; I do for ever renounce the Devil and all his Works, and all his Temptations; I do for ever renounce all the Vanities of this wicked World, which may pervert me from thy Service, and all the Sinful lusts of the Flesh. O my God, I do stedfastly Believe all the Articles of the Christian Faith, and I will keep thy holy Will and Commandments and walk in the same all the Days of my Life.

And therefore in obedience to thy Commands I do from my heart Forgive all Men their trespasses against me; do thou Lord, forgive them also; yea bless them that hate me, and do good to them that have any way despitefully used me. O my God, bless all those that I have any way Wronged; have mercy on all those to whose Sins I have been any way accessory, and give them all grace timely to Repent, and truly to Turn to thee and to Forgive me.

Blessed be thy name, O Lord God, who hast now set before me Life and Death, and hast bid me choose Life.

Behold, Lord, I do with all my heart choose Life, I choose thee, O my God, for thou art my Life.

Save, Lord, and hear me, O King of Heaven, and accept this my Sacrifice, even the Sacrifice of my Whole heart, of All the remainder of my Life, of All that I have or am which I now offer up Entirely to thy Service.

[Then let the Person Reverently Kneeling down, say devoutly the Prayer following.]

An Humble Petition for the Pardon of Sin, taken from Bp. Ken.

O Thou Father of Mercies, and God of all Consolation, be merciful to me a miserable sinner.

Lord, remember all thy Gracious Calls of Sinners to Repentance, all thy protestations that thou delightest not in the death of him that dies, and that thou wouldst have all to be saved. *Ex. 18. 32. 1 Tim. 2. 4.*

Lord, remember all the exceeding great and precious promises which thou hast made to penitent Sinners.

Lord, remember that thy mercy is over all thy works, that in mercy Thou delightest, and that all the Holy Angels seeing Thee well pleased in the exercise of that Mercy, rejoyce at the Conversion of a Sinner, that the greater my Sins are, the more will that mercy be magnified in my forgiveness, *Luke 15. 10.*

Lord, remember that thou didst so love the World, as to give thy only beloved Son a ransom for it, *John 3. Rom. 8.*

O Heavenly Father, thou that sparedst not thy only Son, but deliveredst him for us, wilt thou not with him also freely give us all things; and if all things, wilt thou not also give us the pardon of our Sins?

O my God, I firmly believe thou wilt; on that ransom my Saviour hath paid for me, and on all thy gracious promises of pardon, which for his sake thou hast made to me, I wholly rely; here only is the sure and stedfast anchor of my Soul, to which my Faith and Hope shall for ever adhere.

All this, Lord, do I plead, to implore thy Forgiveness.

Behold, Lord, though my Failings are many, yet to the utmost of my power, I have confess, and bewailed,

wailed, and forsaken my Transgressions: Behold, Lord, I come at thy Call, and I come weary and heavy laden with the burthen of my Sins, be it unto me according to thy Word. O thou that art Faithful and Just, forgive me my Sins, and cleanse me from all Unrighteousness. Lord, do thou in no wise cast me from Thee, but heal my backslidings, and love me freely, ease me of my burthen, that I may find Rest in Thee, and say unto my Soul, be of good cheer, thy Sins are forgiven thee, *Matth. 11. 29.*
1 John 1. 9. John 6. 36. Hos. 14. 4.

O Heavenly Father, pardon all my Sins and Failings, accept these my Prayers and Supplications, and Receive Me into thy Favour, not for Any worthiness of My Own, but for Thine Own Infinite Mercies sake, for thy Truth and Promise sake, for All the Sufferings and Merits of the Son of thy Love, in whom thou art always well-pleased, by whom thou hast taught me how to Pray unto thee, and with whose therefore most Perfect Form of Prayer I conclude these my Imperfect Prayers, saying,

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespases, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the Kingdom, and the Power, and the Glory, For ever and ever. *Amen.*

[These last foregoing Meditations and Prayers may be Used in the After-noon of the Saturday before Receiving; and the Portion of Scripture, &c. Used in the Fore-noon.

Medi-

Meditations for the Morning of the
Lords-day, whereon the *Sacrament* is
 Received, to be used before going
 to Church.

(*Extracted from Bp. Ken.*)

I Adore Thee, O blessed Jesu, my Lord, and my God, when I consider what the Sacrament is, to which thou now investest me, and of what parts it consists; of an outward and visible Sign, and of an inward and spiritual Grace! For Thou, Lord, who knowest our *Infirmities*, and how little able we are to conceive *things* Heavenly and Spiritual, in pity to our dark and feeble Apprehensions, hast ordained outward and obvious, and visible Signs to represent to our Minds thy Grace which is inward and invisible: thou hast ordained Bread and Wine, which is our corporal Food, to picture out to our Faith the Food of our Souls.

I know, O my God, that I must look through the outward Elements, and fix my Faith on that which they signify, and which is the inward and invisible Grace, even thy own blessed Body and Blood, which is verily and indeed taken and received by the faithful in the Lord's Supper. For, Lord, I believe that the Bread that we break, and the Cup that we drink, are not bare Signs only, but the real Communication of thy Body and Blood, and Pledges to assure me of it.

of the benefits I adore Thee, O Blessed Jesus, my Lord and my God, when I consider that this Holy Sacrament was thy Own institution. Let this consideration strike into my Soul an Holy Awe and Reverence in approaching it: O do thou create in me heavenly dispositions to celebrate so heavenly an institution.

I adore

I adore Thee, O blessed Jesu, my Lord, and my God, when I consider for what end thou didst institute thy Holy Sacrament, implied in thy own Command, Do this in Remembrance of me.

But what need this Command, O gracious Lord, is it possible for me, ever to forget thee my Saviour, who hast done so great things for me?

Alas! alas! my own sad Experience tells me it is, Wo is me, every Temptation, every Vanity is apt to make me forget thee, tho' thy own dying Words bid me remember thee!

But, O blessed Lord, for thy infinite Mercy's sake pardon all my stupid forgetfulness and Ingratitude hitherto, and do thou now create in me such a thankful and lively Remembrance of thy dying for me, that may excite me to give up my self entirely to thee, as thou didst give up thy self on the Cross for me.

I adore Thee, O blessed Jesu, my Lord, and my God, when I consider the Benefits which through thy mercy we receive by thy Holy Sacrament!

Glory be to Thee, O Lord, who there makest thy own Body and Blood to become our spiritual Food, to strengthen and refresh our Souls!

Glory be to Thee, O Lord, who by this Heavenly Food dost mystically unite us to Thy self; for nothing becomes one with our Bodies more, than the bodily Food we eat, which turns into our very Substance; and nothing makes us become One with Thee more, than when Thou vouchsafest to become the very Food of our Souls!

Glory be to Thee, O Lord, who by this immortal Food dost nourish our Souls to live the life of Grace here, and dost raise us up to life everlasting hereafter! Lord, do Thou evermore give me this Bread! *Joh*
6. 52.

O blessed Saviour! What more powerful Motives can I have to persuade me to Communicate, than thy Command, and the admirable Effects of the Holy Sacrament!

I do therefore, Lord, from my heart Renounce All Carnal or Wordly Considerations, and I come to thy Altar to Renew my Baptismal Covenant with thee, of which thy Sacrament is a Seal.

I come to testify my sense of thy Love, O Heavenly Father, in so loving the World, as to give up thy only Son to die for me.

I come to testify my Faith in Thee, and my Love toward Thee, O blessed Saviour, and thankfully to commemorate thy wonderful Love in dying for me.

I come, Lord, to testify my steadfastness in the Communion of thy Church, and my Charity to all the World.

I come to Thy Table, O Lord, out of the sense I have of the want of that spiritual Food, to which thou there inviteest me.

Alas, alas! I am soon apt to grow weary of well-doing, a few prayers, every little duty is apt to tire me, every slight temptation is apt to overcome me; and I know there is no food can strengthen my Soul but thy Body, no cordial can revive my drooping obedience, but thy Blood, and 'tis thy most blessed Body and Blood I hunger and thirst after, O gracious Lord, grant that I, and all that communicate with me, may feel it's saving efficacy. O Feed, O Refresh, O Nourish our Souls with it to life everlasting, and that for thy own infinite mercy sake, which moved Thee to offer up Thy Body and Blood for us! *Amen, Amen.*

[Then let the Person Reverently upon his Knees say the following Prayer, taken from Bp. Ken.]

A Prayer

A Prayer for Worthily Receiving the Blessed *Sacrament*.

Blessed Lord Jesus! I even tremble when I consider that he that eateth and drinketh unworthily is guilty of thy Body and Blood, and eateth and drinketh Damnation to his own Soul; and this severe Sentence on unworthy Communicants, makes me afraid to come to thy Altar, 1 Cor. 11.

But when I consider that thy Sentence is as severe against those, who being invited refuse to come, for thou hast said, They shall not taste of thy Supper; and unless we eat thy Flesh, and drink thy Blood, we have no life in us, I am then afraid to keep away, *John 6.*

But blessed be Thy mercy, O Lord, for in this streight my Soul is in, Thou art my guide, Thou by giving me this opportunity of receiving, invitest me to Thy Table, Thou callest me to seek Thy Face, and my Heart replies, Thy Face Lord will I seek!

If Thou, Lord, shouldest be extreme to mark what is done amiss, Alas! alas! I am then unfit, not only to Communicate, but to say even my daily Prayers,

I know, Lord, that if I should stay till I am worthy to come, I should then never come; and therefore though I am unworthy of so unspeakable a mercy, yet I come to beg Thy Grace to make me worthy, or at least such as thou wilt accept!

O Blessed Jesus, do thou so open my Eye of Faith to discern thy Body and Blood in the Holy Sacrament, do thou so dispose my Soul, at this time to Communicate, that I may feel all the happy effects of thy own Divine Institution, that my Soul may receive such lasting Impressions of thy Goodness,
and

and be so ravisht with the love of thee, and with the incomparable delights of thy Service, and with such a fore-tast of Heaven, that all the pleasures of Sin, which may at any time hereafter tempt me, may appear to me tasteless and unwelcome.

O Heavenly Father, cloath me with the Wedding-garment, even the Graces of my Blessed Saviour, for then am I sure to be a welcome Guest to thy Table, when I shall come thither in the likeness of thy only well-beloved Son, in whom thou art always well pleased.

O Heavenly Father, fill me with a lively Faith, profound Humility, filial Obedience, inflamed Affections, and universal Charity; O raise in my Soul, all those Heavenly Transports of Zeal and Devotion, of Love and Desire, of Joy and Delight, of Praise and Thanksgiving, which become the Remembrance of a Crucified Saviour, which become one Redeemed by the Blood of God, and that for his sake only that Redeemed me, in whose holy words I sum up all the Graces and Blessings I stand in need of.

OUR Father, which art in Heaven; Hallowed be Thy Name. Thy Kingdom come. Thy Will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: for thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

Directions in time of *Receiving*.

[Let the Person attend most Diligently, and with the greatest Affection he can, to the Publick Office or Prayers of the Church: And as for Any vacant Minutes, let him fill them up with these or the like Ejaculations.]

At going up into the Chancel for to Receive.

I will wash my hands in Innocency, O Lord, and so will I go to thy Altar; that I may thank thee for all thy wonderous Works, especially that of my Redemption, *Psalms* 26. 6, 7. O do thou Pardon my Sins, and Receive me Graciously.

At giving of Alms.

Blessed be thou, O Lord my God, for all things come of Thee, and of Thine own do I now give Thee! *1 Chron.* 29. 10, 14.

O let this Alms be an Odour of a sweet Smell, a Sacrifice acceptable, and well-pleasing unto Thee. *Phil.* 4. 18.

[If the Person be able to give but very Little, let him say,]

Gracious Lord, Accept of this my Mite, as Thou didst of the Poor Widow's in the Gospel, *Mark* 12. 42.

[If the Person be of so mean a Condition as not to be able to Give any thing, but rather in need of Receiving Alms, let him say,]

Blessed Lord, who orderest All things in Heaven and Earth, and requirest No more of us than we are Able to perform, but if there be a willing Mind acceptest according to That a Man hath and not according to That he has not, instead of Silver and Gold, whereof I have none to give to the Poor, accept of these my hearty Prayers for the Happiness of Those whom thou hast not only made Able, but also Willing to communicate to the Wants of others; what they lay out, do thou graciously pay them again, and grant that they may hereby lay up for themselves a good Foundation against the time to come, that they may attain eternal Life. *1 Tim.* 6. 18, 19. *Prov.* 19. 17. *2 Cor.* 8. 12.

When

*When the Minister Breaks the Bread,
let the Person say,*

Blessed Jesu, by the Bread Broken, I am put in mind of thy Body being torn with Whips, and Thorns, and Nails; Glory be to thee!

*When the Minister Pours out the Wine,
let the Person say,*

Blessed Jesu, by the Wine Poured out, I am put in mind how thou didst pour out thy most Precious Bloud for my Sins; Glory be to thee!

O Lamb of God, who didst offer thy self a Sacrifice to take away the Sins of the World; have mercy on me, and take away my Sins in particular; I beseech thee.

Whilst others are Communicating.

As the Hart panteth after the Water-brooks, so panteth my Soul after thee, O God! My Soul is Athirst for thee, O God! Glory be to thee, for giving me now Opportunity to come and appear at this thy Heavenly Table! *Psal. 42. 1, 2.*

Blessed Saviour, I am thine, I am wholly thine; for thou hast bought me with a Price, with the inestimable Price of thy own Blood. O suffer not the Price of thy own Blood to perish, and I will always glorify thee in my Body and in my Spirit, which are thine. *1 Cor. 6. 20.*

[If there be a great Number of Communicants, so that there is much more Spare-time, than will be filled up with the foregoing Meditations, then the Person may go over again the Meditations he used before he came to Church, to wit, I adore thee, O blessed Jesu, my Lord, and my God, &c. Pag. 54. or else (and if the Former be not still enough) he may add the 103^d Psalm, viz.]

1. Praise

1. PRAISE the Lord, O my Soul, and all that is within me praise his Holy Name.

2. Praise the Lord, &c. [Only instead of Vers. 5, 6, and 7. let him say these Versicles.]

5. Who satisfieth thy Soul with Good things, with better Food than that of Manna, even with the True Bread that came down from Heaven. *Joh. 6. 31, 32.*

6. Thou, O Jesu, art the Living Bread which came down from Heaven. The Israelites did eat Manna in the Wilderness and are dead. Whosoever eateth of thy Flesh, which is the Bread thou hast given for the Life of the World, shall not die but live for ever. *Joh. 6. 49, 50, 51.*

7. Except we eat thy Flesh and drink thy Blood, we have no life in us. Whoso eats thy Flesh and drinks thy Blood, thou dwellest in him and he dwells in thee and shall live by thee; he hath eternal Life and thou shalt raise him up at the Last day. *Joh. 6. 53, 54, 56, 57.*

8. The Lord is full of Compassion, &c. *As in Psalm 103. to the end thereof.*

When the Minister comes within One or Two of him, let the Person say,

O Lord God, I do desire from the very Bottom of my Heart to renew my Baptismal Covenant with thee, and to seal it in this Sacrament.

Lord, put thy Laws into my mind, and write them in my heart, and for the Passion of Thy Son, which I now commemorate, be merciful to my unrighteousness, my sin and my iniquities remember no more, and be Thou my God and I will be thy Servant. *Amen, Amen. Heb. 3. 10.*

O my Soul, taste now, and see how gracious the Lord is! *Psal. 34.*

Ame

After Receiving the Bread.

Glory be to thee, O Lord, who feedest me with the bread of Life. *Heb. 10. 10.*

O Lord God, who didst sanctifie us by the Offering of the Body of Jesus once for all, sanctifie me, even me, O Heavenly Father !

[*If there be any Spare-time between Receiving the Bread and the Wine, as there is generally in Parish-Churches wherein there is but One Minister to give both Bread and Wine, then let the Person entertain his Thoughts with some of the Meditations afore prescribed which he had not made use of afore he Received the Bread; and when the Minister draws near to give him the Cup, let him say.*]

Afore Receiving the Wine.

Ho ! O my Soul, that thirsteth after Life, come and drink freely of the Waters of Life, of that Fountain opened for Sin and for Uncleanness. *Is. 55. 1. Zech. 13. 1.*

O my Soul, taste now and see how Gracious the Lord is. *Pf. 34. 8.*

After Receiving the Wine.

Glory be to Thee, O Lord Jesus, who permittest me to drink of the fountain of life freely !

Blessed Saviour, Thou hast loved us, and washed us from our Sins in Thy own Blood, and therefore to Thee be Glory and Dominion, for ever and ever. *Amen, Amen. Rev. 1.*

Glory be to Thee, O Jesus my Lord, and my God, for thus feeding my Soul with Thy most Blessed Body and Blood ; O let thy Heavenly food transfuse new life, and new vigour into my Soul, and into the Souls of

of all that communicate with me, that our Faith may daily increase, that we may all grow more humble, and contrite for our Sins, that we may all love Thee, and serve Thee, and delight in Thee, and praise Thee more fervently, more incessantly than ever we have done heretofore ! *Amen, Amen.*

A Thanksgiving *after* Receiving.

(*Taken from Bp. Ken.*)

[*As soon as the Person is returned home, and retired into a convenient place, let him devoutly say upon his Knees as follows,*]

O How plentiful is thy goodness, my Lord, and my God, which thou hast laid up for those that fear thee, which thou hast laid up for those that put their trust in thy mercy ! *Psal. 31.*

Was it not love infinite enough, dearest Lord, to give thy self for me on the Cross ? Was not that Sacrifice of thy self sufficient to expiate the Sins of the whole World ? What, Lord, couldst thou then do more for me ?

All the mighty Host of Heaven stood amazed to see the Blood of God shed, to see their King of Glory, to whom from the first moment of their Being, they had sung their Hallelujahs, nailed to a Cross ; and all this to save sinners ! *Acts 20.*

Sure, Lord, none of all those blessed Spirits, with all the glorious Illuminations they had, could ever have imagined, how thou couldst give Thy self more to us than Thou hast done.

And yet for all this, Thou hast wrought new miracles of love for us, and as if it had not been love enough to have given Thy self for us on the Cross, Thou hast found out a way to give Thy self to us in
the

the Holy Sacrament, to unite Thy self to us with the most intimate Union that 'tis possible to conceive, to become the very food, the life, the strength, the support of my soul, to become one with me, to become the very soul of my soul!

O Lord God, this is so unconceivable a Blessing, this is so Divine an Union, that the very Angels, who so much desire to look into the great Mystery of our Redemption, who learn Thy manifold Wisdom from Thy Church, and frequent the places of Thy publick Worship, do crowd about our Altars, and with awful admiration, contemplate the Holy Sacrament!
1 Pet. 1. 12. Eph. 3. 10. 1 Cor. 10.

What thanks then, gracious Lord, can I return to Thee for those wonders of love thou hast shewed to me wretched sinner, which the very Angels, who never sinned, so much admire!

O dearest Lord, raise Thou my devotion to the highest pitch it can possibly reach, to praise Thee; enlarge my Soul to its utmost extent to love Thee!

How can I ever more offend such riches of Mercy, as are in Thee, O Crucified Saviour! and yet whilst I carry this body of sin about me, I fear I shall; but, Lord, I do from my heart renounce and abhor all things that displease Thee, I resolve to the utmost of my Power to resist all Temptations, and to become as totally thine, as my frail nature will permit me.

O Gracious Lord, who hast so infinitely loved us, and given us everlasting Consolation, and good Hope through Grace, comfort my Heart, and for ever establish it, in every good Word and Work!

Blessing, and Honour, and Glory, and Power, be unto him that sitteth on the Throne, and unto the Lamb for ever!

Rejoice in the Lord Jesus, O my Soul, for of him cometh my Salvation.

I will love Thee, O Lord my King, and I will praise thy Name for ever and ever!

Glory

Glory be to Thee, O Lord God, for giving me this blessed Opportunity of coming to thy Altar ! O grant I may never more pollute my Soul, which thou hast now made thy Temple to reside in, who art the God of Purity !

Praise the Lord, O my Soul ; while I live, will I praise the Lord ; as long as I have any Being, I will sing Praises unto Thee, O blessed Saviour, my King and my God.

O gracious Lord, pardon all my Failings, accept all my Prayers and Praises, and supply all my Wants, which I sum up in thy own blessed words :

OUR Father, which art in Heaven, Hallowed be thy Name. Thy Kingdom come. Thy Will be done in earth, As it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us : And lead us not into temptation ; But deliver us from evil : For thine is the Kingdom, and the Power, and the Glory, For ever and ever. Amen.

[The Person having thus duty discharged the most Solemn Duty of the Christian Religion, is not however to think that all is now done by him, but must remember, that it most highly concerns him to use his greatest Care and Endeavours to observe and make good the Resolutions of Amendment he made at the Sacrament, forasmuch as without thus Conscientiously endeavouring to keep his Sacramental Vows, he will lose the Benefits of the said Blessed Institution. Wherefore 'twill be very Advisable, if not Necessary, for him to keep always Fresh in his mind such his Resolutions of Amendment, and to observe what Progress he makes therein, by a Weekly Examination and Humiliation of himself, as has been afore taught. And also for a further Help in the Performance of his Duty, let him frequently say devoutly on his Knees the following Prayer, taken from Bp. Ken in the main.]

A Petition for Grace in general.

O Lord God, I have sworn, and will perform it, that I will keep thy righteous Judgments.
Psal. 119.

But alas ! I am able of my self to do nothing that is good, not so much as to think one good Thought ; how much less to with-stand and over-come the Temptations of the World, the Flesh, and the Devil ; unless Thou, Lord, dost seasonably interpose thy Grace to help and assist me.

But I can do all things through Thee strengthening me : do Thou then, O blessed Saviour, perfect Thy Strength in my Weakness, for in Thee only is my Trust, *Phil. 3.*

O my God, Thou hast promised to give thy Holy Spirit to those that ask it, *Luke 11. 13.* Behold, Lord, I do humbly, I do earnestly ask Thy Holy Spirit now of Thee, O fulfil thy gracious Promise to me, O vouchsafe me that Holy Spirit I pray for, to purifie my corrupt Nature, to strengthen my Weakness, to comfort me in Troubles, to support me in Discouragements, to succour me in Temptations, and to assist me in all Parts of my Duty, that I may ever hereafter live in thy Fear, and in constant, sincere, and universal Obedience to all thy righteous Laws.

Thou, O Searcher of Hearts, knowest the Sin (or Sins) I am most inclined to, [*Here name it, or them*] and herein will lie my greatest danger of Backsliding : But, O my God, I beg a double Portion of thy invincible Aid against it, (*or them.*) Hold thou up my Goings in thy Paths, that my Foot-steps slip not. O work in me that victorious Faith, by which I may overcome the World, the Devil, and my own corrupt Nature, *1 Joh. 5.*

My

My Help standeth in Thee, O great Creator, who hast made Heaven and Earth, and I commit my Soul to thy Keeping; O thou that art Faithful as well as Almighty, keep that safe which is committed to thy Trust, watch over me, that I may not be beguiled by the Deceitfulness of Sin, or betrayed by my own Treacherous Heart, or surprized by my Ghostly Enemies; and give me Grace to watch and to pray Incessantly my self, lest I enter into Temptation. Hear Lord from Heaven, and succour me, for the alone Merits of Jesus my Saviour, in whose most perfect Prayer, I sum up all the Graces and Blessings: I stand in Need of:

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: for thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

[*As 'tis the indispensable Duty of every good Christian Sincerely to endeavour to come up to an entire Obedience to God's Will and Commands, and whosoever is not thus Sincere is Blame-worthy, and to repent and amend if he will find Acceptance at the Hands of God: so on the other hand, if after such a Sincere Endeavour to do the Will of God, Any Person finds himself to fall short of his Duty, or of the Rules here prescribed him, yet he is not therefore to think presently, that All he doth do, signifies nothing, or is not at all Acceptable to God; but must consider that 'tis Sincerity, not Perfection, of Obedience which is required now of us by God under the Gospel; that his being thus Grieved for his Failings in his Duty is a sure Sign of the Sincerity of his Love and Service to God, and that in the words of our Saviour, His Spirit is willing, tho' his Flesh is weak,*

Matt. 26. 41. And therefore let him not be Disheartened or Doubt, but that if he keeps such his Sincerity, God will accept of his Sincere, tho' Imperfect, Obedience through the Merits of Christ. However, when he is troubled with such an Afflicting Sense of his Infirmities, it may be very useful for him to say this following Prayer of Bp. Ken, that so he may the better be enabled to with-stand the Wiles of the Devil, and to become satisfied in the Mercy of God to him through Christ.]

A Prayer against Infirmities or Failings.

[To be said Devoutly on his Knees.]

O Thou compassionate Saviour of Sinful Man, look down from Heaven, and have Mercy upon me wretched Sinner; O save me, O help me, for without Thee I can do nothing as I ought!

Miserable Man that I am, my very Prayers and Repentance are accompanied with so many Failings, that I am sometimes afraid that thou Lord wilt not hear such Prayers, nor regard such Repentance!

But, O blessed Saviour, my Lord, and my God, 'tis thy Promise, not to discourage the least Measure of Grace. Thou wilt not quench the smoking Flax, or break the bruised Reed, *Matt. 12. 20.*

'Tis thy Practice, Lord, to comply with the Weakness of thy Servants, Thou art the good Shepherd who carriest the tender Lambs in thy very Bosom, and gently leadeest those that be with Young! *Isaiah 40. 11.*

Nay, Lord, 'tis thy very Nature so to do; for Thou thy self hast felt human Infirmities, and canst not but commiserate those that Sigh under them! *Heb. 2. 20. 4. 15.*

Why art thou then so heavy, O my Soul, and why art thou so disquieted within me! O put thy Trust in thy Saviour, who is the Help of my Countenance and my God! *Psalms 42.*

O gracious Lord, do Thou pity me; and accept my weak and imperfect Performances, and supply by thy boundless Mercy, all the Defects in my Duty; and if it be thy Pleasure I should serve Thee better, O Lord God, increase thy Succours of Grace, and I shall then increase my Obedience!

O Thou Lover of Souls, for the sake of that Infinite Compassion of Thine, which moved Thee to die for me, hear me, and help me, and give me all the Graces I stand in Need of, which I sum up in thy own blessed words:

OUR Father, which art in Heaven; Hallowed be Thy Name. Thy Kingdom come. Thy Will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: for thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

Family

Family PRAYERS.

['Tis highly Commendable, not so say Necessary, for every Master or Mistress of a Family to have Publick Prayers in His or Her Family, Twice or at least Once every day, when there are not Publick Prayers at Church, or when the Family can't go to Church by reason of the Distance of it; or Badness of the Weather. Wherefore the Family being called together, let the Master or Mistress or some other by Him or Her appointed devoutly say as follows.]

If we say that we have no Sin, we deceive our selves and the truth is not in us. But if we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. *1 John* i. 8, 9.

Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart and humble voice unto the throne of the heavenly Grace, saying after me.

[Then All Kneeling down let them devoutly say, after Him that Reads the Prayers, this Confession following.]

Almighty and most merciful Father; We have erred and strayed from thy ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against thy holy laws. We have left undone those things which we ought to have done; And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou them, O God, which

which confesse their faults. Restore thou them that are penitent; According to thy promises declared unto mankind in Christ Iesu our Lord. And grant, O most merciful Father for his sake; That we may hereafter live a godly, righteous and sober life, To the glory of thy holy Name. *Amen.*

[Then let the Person that Reads Prayers, still kneeling, say alone as follows.]

Almighty God, the Father of our Lord Jesus Christ, who desirest not the death of a sinner, but rather that he may turn from his wickedness and live, and dost pardon and absolve all them that truly repent and unfeignedly believe thy holy Gospel: We most humbly beseech thee to grant us True Repentance, and thy holy Spirit, that those things may please thee which we do at this present, and that the Rest of our life hereafter may be pure and holy, so that at the last we may come to thy eternal joy, through Jesus Christ our Lord. *Amen.*

[Then let All say the Lord's Prayer together with the Person that Reads the Prayers.]

OUR Father, which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, as it is in Heaven. Give us this day our daily Bread. And forgive us our Trespases, As we forgive them that trespass against us. And lead us not into Temptation; But deliver us from Evil: For thine is the Kingdom, and the Power, and the Glory, for ever and ever. *Amen.*

[Then let the Reader say.]

Reader. O Lord, shew thy mercy upon us;

Ans. And grant us thy salvation.

Reader. O Lord save the Queen;

Ans. And mercifully hear us when we call upon thee.

Reader.

Reader. Endue thy Ministers with righteousness;

Answ. And make thy chosen people joyful.

Reader. O Lord save thy People;

Answ. And bless thine inheritance.

Reader. Give peace in our time, O Lord:

Answ. Because there is none other that fighteth for us, but only thou, O God.

Reader. O God, make clean our hearts within us;

Answ. And take not thy holy Spirit from us.

[On a day, when there are *Publick Prayers at the Parish-Church*, and the Family is kept from attending them by *Badness of Weather*, or *Greatness of Distance*, let this *Collect* be said next.]

O God, our refuge and strength, who art the author of All Godliness; Be ready, we beseech thee, to hear the devout Prayers of thy Church (with which, tho' we are hindered from joyning in presence, yet we desire to joyn in spirit;) and grant that those things which we ask faithfully, we may obtain effectually, through Jesus Christ our Lord. *Amen.*

[When there are no Prayers at the Parish-Church, let the foregoing *Collect* be omitted. And proceed next, if it be a Festival, to the *Collect* for the Festival, to be read out of the *Common-prayer-Book*; After which proceed as follows.]

In the Morning or Fore-noon.

O Lord our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day; Defend us in the same with thy mighty power, and grant that this day we fall into no Sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight, through Jesus Christ our Lord. *Amen.*

In

In the *Afternoon* or at *Night*.

Lighten our darkness, we beseech thee, O Lord, and by thy great mercy defend us from all perils and dangers of this night, for the love of thy only Son our Saviour Jesus Christ. *Amen.*

Both at *Morning* and *Evening* Prayers.

O God the Creator and Preserver of All mankind, we humbly beseech thee for All sorts and conditions of Men, that thou wouldst be pleased to make thy ways known unto them, Thy saving health unto All Nations. More especially we pray for the good estate of the Catholick Church; that it may be so guided and govern'd by thy good Spirit, that All who Profess and call themselves Christians, may be led into the way of truth, and hold the Faith in Unity of Spirit, in the bond of peace, and in righteousness of life. We beseech thee also to save and defend all Christian Kings, Princes, and Governours, and especially thy Servant *ANNE* our Queen, (together with All the Royal Family) that under her we may be Godly and quietly governed; and grant unto her whole Council and to All that are put in Authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true Religion and Vertue. Give grace, O heavenly Father, to our Bishops and Curates and All Congregations committed to their Charge, more particularly to the Minister and People of this Parish, and among them to Us here present before thee, that we may All faithfully serve and please thee in our several Stations. Finally we commend to thy Fatherly goodness All those who are any ways afflicted or distressed in mind, body or estate, that it may please thee to comfort and relieve them according

ing to their several necessities, giving them patience under their sufferings, and an happy issue out of all their afflictions. And this we beg for Jesus Christ his sake. *Amen.*

Almighty God Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us, and to all men. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the World by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And we beseech thee give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful, and that we may shew forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days, through Jesus Christ our Lord; to whom with thee and the holy Ghost be all honour and glory, world without end. *Amen.*

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee, and dost promise, that when two or three are gathered together in thy Name, thou wilt grant their requests; Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them, granting us in this world knowledge of thy truth, and in the world to come life everlasting. *Amen.*

THe Grace of our Lord Jesus Christ, and the Love of God, and the fellowship of the Holy Ghost be with us all evermore. *Amen.*

If any Family be forced on a Sunday or Lord's-day to keep at Home from Church, by Reason of very Bad Weather and its great Distance from the Church; then it will be Requisite to enlarge the foregoing Office, by adding after, Our Father which art in Heaven, &c. these Versicles, O Lord, open thou our Lips, &c. All standing up at, Glory be to the Father, &c. After which having said, Praise ye the Lord. The Lord's Name be praised, may be read the Psalms for the Day and the First Lesson; then the Hymn, We praise thee, O God, &c. then the Second Lesson for the Day, after that the Hymn, Blessed be the Lord God of Israel, &c. then the Creed with the following Responses, All Kneeling down again after he that reads Prayers has said, Let us pray, and so going on to, Lord have mercy, &c. then Our Father which art in Heaven, &c. and then to the Responses above-mentioned at large, O Lord shew thy mercy upon us, &c. and so to the end of the aforesaid Office, only inserting in its proper place the Collect for the said Lord's-day. After which may be Read Aloud by One in the Family, One of the Chapters in the Whole Duty of Man instead of a Sermon.

Any Single Person (as for Instance, the Servant that stays at Home on Sundays to look after the Necessary Concerns for Dinner, &c.) may use the foregoing Office, (either after the shorter or longer Form, as Time will permit him!) only saying I or Me instead of We or Us, or the like.]

Ejaculations Before Reading the Bible.

Wherewithal shall a Man cleanse his way? even by Ruling himself after thy word, O God. Psalm 119. 9.

O do thou open my Understanding, that I may understand thy Holy Scriptures. Luke 24. 45.

After

After Reading the Bible.

Blessed Lord, make thy Word a Light unto my Feet, and a Lanthorn unto my Paths; my Delight and my Counsellors. *Psalms 119. 24, 105.*

Blessed Lord, who hast caused all Holy Scriptures to be written for our Learning; Grant that by reading thereof I may truly perceive and know What I ought to do, and also that by thy Grace I may be enabled Faithfully to fulfil the same, through Jesus Christ our Lord and Saviour. *Amen.*

Grace Afore Meat.

Bless these thy Creatures, O Lord, to our Nourishment, for Christ his Sake. *Amen.*

Grace After Meat.

For these and all other his Mercies, God's Holy Name be Praised now and for ever. *Amen.*

FINIS.

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